

PA Health & Wellness Pharmacy and Therapeutics Committee Meeting Minutes
300 Corporate Center Drive, Suite 600, Camp Hill, PA 17011

Wednesday, January 16, 2019 – 12:00 PM – 1:30 PM

- Present:** Meghan McNelly, PharmD, MHA; FACHE, Dr. Cory Rigberg, Germaine Biksey, RPH, Sherry Sharp, MD, FAPA, Jill Schaeffer, RN, Dr. Auren Weinberg, Michelle Bennett and Dr. Francis Grillo
- Absent:** Michelle LoBello (Participant Advisory), Lori Hagwood (LTSS Participant Rep.), and Debbie Rose (Participant Advisory)
- Guests:** Catherine Gorski (Medical Management), Iris Krug (VP of Compliance), Cami Witmer, (G&A), Marci Kramer, (Q&A), Patrick Newsome, RPH (Pharmacy), Christina Kauffman (Pharmacy), Amy Williams (Pharmacy), George Kimbrow, Jr. (Pharmacy)
- Call to Order:** The PA Health & Wellness Pharmacy and Therapeutics Committee meeting was called to order at 12:02 PM.
- Adjourned:** The PA Health & Wellness Pharmacy and Therapeutics Committee meeting was adjourned at 12:50 PM.
- Next Meeting:** Wednesday, April 10 or 17, 2019 – 12:00 PM (TBD at a later date)
- Submitted By:** George L. Kimbrow, Jr., Pharmacy Coordinator

Committee Chair: _____ **Date:** April 17, 2019
Meghan McNelly, PharmD, MHA; FACHE

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Agenda Item	Discussion/Recommendation	Action	Next Steps	Owner
Call to Order	Meghan McNelly called the PA Health & Wellness Pharmacy & Therapeutics Committee meeting to order at 12:01 PM.	Meeting Called to Order		Meghan McNelly
Introductions	Meghan welcomed the Committee members and guests, provided an overview of the meeting flow, detailed the voting process(s) and various stages of the meeting.	No action taken.		Meghan McNelly
Attendance Requirement Committee Roster	Meghan completed a Committee roll call for attendance to meet quorum and indicated the absence of Michelle LoBello (Participant Advisory) and Lori Hagwood (LTSS Participant Rep.), and Debbie Rose (Participant Advisory). Meghan identified the on-site Committee members and guests in the room for the record. All members are noted as Committee Members of the official PA Health & Wellness P&T Committee. Meghan reviewed member attendance responsibility and quorum requirements, in addition to, the voting process that our Committee uses (Pennsylvania/State request a vote tally for each initiative).	Committee Roster was taken.		Meghan McNelly
Recording	Meghan informed the Committee that the meeting is being recorded and that the recording will be discarded upon completion of the Meeting Minutes.	No action taken.		Meghan McNelly
Old Business				
4Q_2018 Policy Submission Status	<p>Reviewing 4Q_2018 policy submissions (7 PHW/55 State – 62 total outstanding policies remaining) 2018 contractual obligations regarding oversight of our PBM – Year review will focus on Call Metrics YTD Summary (Speed of Answer = 2 secs., Abandoned call rate = 0.17%, PA Avg. # of hrs. for PA resolution = 6.46 hrs. TAT Compliance of 24 hrs.) Total Member Complaints into EPS = 2, Major focus is on percentage of PAs that met threshold (97.5% in total for the year).</p> <p>Review of concern w/ Q1summary resting at 95.5% and finished at 97.5% for year indicating Q3 & Q4 being quite strong landing in the 99 and 98 percentile. Daily monitoring will continue. EPS is aware of additional PA requirements resulting from SE Expansion and we will watch these numbers through Mar. 19' as the COC ends.</p>	No action taken.		Meghan McNelly

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<p>2018 DUR Update / 2019 Outlook</p>	<p>With Patrick Newsome, PharmD on staff we were able to dig further into the LA Narc Adherence project for coordination between PHW and the BH MCOs. Q4 – 9 unique members meeting criteria with 100% adherence. Goal is to see this across the board and utilize best practices to address any decent in member adherence at 1 or more BH MCOs. Also in 2018, we looked at opioid profiling, acetaminophen over utilization, multi-opioid subscribers, and morphine eq. benchmark, drug disease contraindication (Specifically an antipsychotic prescribed and members w/ a dementia diagnosis). In 2019, we hope to expand currents programs along w/ 3 different disease management refs. Including diabetes underuse, LA Beta-agonist therapy and respiratory underuse. Dr. Weinberg asked it the diabetes would be oral or injectable. - Meghan responded oral. Meghan recommended that using Dr. Girlo’s expertise to drive this initiative.</p>	<p>No action taken.</p>		<p>Meghan McNelly</p>
<p>Call Audit</p>	<p>PA Audits are a major area of focus w/ EPS (Envolve) and we have been conducting reviews of the Pas, and we are going to bring the metrics back to the P&T Committee --- Q4_2018 25 PA charts were reviewed and all deemed as appropriate. Committee was asked if there are, any issues that they feel need to be addressed for review w/ EPS.</p>			
<p>New Business</p>				
<p>New PHW P&T Committee Members Search</p>	<p>We are seeking new P&T Committee Member representation in the SE Region, as we have now expanded our footprint into this area. Recommendations are welcome. Specifically participants or participant representatives, in addition to providers. Let any member of the PHW Pharmacy Team know if you have recommendations or question about new membership and we will be happy to address the request.</p> <p>Dr. Rigberg stated that this would be his last Committee meeting, because he is retiring from CCHB in Feb. 2019. Meghan expressed sadness on behalf of the committee but conveyed congratulation to Dr. Rigberg. Meghan also thanked Dr. Rigberg for his efforts on the committee and request that he use his vast network of colleagues to recommend a successor to the committee, as our The</p>	<p>No action taken.</p>		<p>Meghan McNelly</p>

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	insight of our BH Committee Members are invaluable to the success of our committee.			
Q1_2019 Meeting Minutes	Meghan presented the Q1_2019 Meeting Minutes for questions or concerns.	Unanimous tally vote captured to approve the Q1_2019 Meeting Minutes.		Meghan McNelly
DUR Review	Meghan presented the DUR Review for questions or concerns.	Unanimous tally vote captured to approve the DUR Review.		Meghan McNelly
Therapeutic Class Review (TCM)	Meghan presented the Therapeutic Class Review for questions or concerns.	Unanimous tally vote captured to approve the Therapeutic Class Review passed		Meghan McNelly
New Drug Review– RT 1, 2, 3 & 5 RT 4	Meghan proceeded through the Committee vote roll call of the new drug arrivals under review – RT 1, 2, 3 & 5 - RT 4	Unanimous tally vote captured to approve the new drug arrivals passed		Meghan McNelly
Guideline Review Summary Table	Meghan proceeded through the Committee vote roll call of the Guidelines under review	Unanimous tally vote captured to approve the Guideline Review passed		Meghan McNelly
Retired Policies	Meghan proceeded through the Committee vote roll call of the Retired Policies under review	Unanimous tally vote captured to approve the Retired Policies as presented passed.		Meghan McNelly

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Guidelines (Medicaid)	Meghan proceeded through the Committee vote roll call of the Guidelines (Medicaid) under review	Unanimous tally vote captured to approve the Medicaid Guidelines as presented passed.		Meghan McNelly
Ambetter Policies	Meghan proceeded through the Committee vote roll call of the Ambetter (HIM) policies under review.	Unanimous tally vote captured to approve the Ambetter Policies as presented passed.		Meghan McNelly
Q4_2018 P&T – Corporate Approved Group	<p>This section includes Corporate Approved fourth quarter groups that were voted on by the Corp. P&T Committee on Nov. 8, 2018 and occurred after the PHW P&T Committee.</p> <p>George Kimbrow, Jr. explained the nature of this section, then Meghan indicated that a single vote would be taken to incorporate the entire group. Meghan proceeded through the Committee vote roll call of the Q4_2018 P&T – Corporate Approved Group under review.</p>	Unanimous tally vote captured to approve the Q4_2018 P&T – Corporate Approved Group as presented passed.		Meghan McNelly
PDL Review (Full PDL)	<p>As previously reported in prior quarterly meetings, the State has requested that we send a copy of the complete PDL once annually, but send monthly updates of changes for review and approval. The annual submission of the full PDL will be sent to the State for review and approval after this meeting.</p> <p>Meghan proceeded through the Committee vote roll call of the PDL Review (Full PDL) under review.</p>	Unanimous tally vote captured to approve the PDL Review (Full PDL) as presented passed.		Meghan McNelly
Opioid PA Changes	Refreshing information discussed in varying facets, from previous meetings, as of Jan. 1 the second PA requirement from the State went into effect, indicating a 5-day duration for all scripts (previously only new starts). Anything over 5-days for any script is required to go through the PA process. At PHW, May 1 st will be the initiation date of the daily 50 MME limit (currently 90 MMEs) – Also note	No action taken.		Meghan McNelly

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	<p>that PHW discussed with Corporate, while this is driven by Medicaid, from a safety and consistency of care perspective, we will also apply this to our Ambetter product (5 days for adults, 3 days for children), also on May 1, 2019.</p> <p>We reviewed the top 25 report for physician and profiling w/ no negative info to report to FWA (Fraud, Waste & Abuse).</p>			
<p>Complaints & Grievances</p>	<p>Meghan referenced the attendance of Cami Witmer of the G&A Team, and stated that to these point we have experience a downturn (Q4_2018 – 9) medication related grievances.</p> <p>Cami reported 5 upheld Grievances (4 Opioid & 1 insulin), 4 overturned Grievances (all Opioids), and one external review that was upheld (Opioid) in Q4_2018. The overturned grievances were all based on tapers that outside consultants, which has since been address with Dr. Weinberg to disallow these unless there are extenuating circumstances. Criteria will be followed closely to the way is is documented and approved with the State.</p> <p>Meghan expressed gratitude for the work that is being done by our G&A team as we work through varying iterations of policies coming through and their support in working with our members. Meghan shared with the committee that a physician/administrator reached out to the plan to express how much he enjoyed working with our G&A team, which is opposite from the norm.</p>	<p>No action necessary, Informational only.</p>		<p>Cami Witmer</p>
<p>Quality and Improvement</p>	<p>We are looking at the differing metrics that were previously discussed, and from Q4_2018 and moving forward into 2019, we will be bringing the PA Audit Results back to their committee. Additionally for the Q&I standpoint we have ongoing different internal & external education initiatives and the team is doing a fabulous job of educating call center teams prior to go-live, in addition to weekly meeting to communicate and address hot topics and touch points, also drafting FAQs. Meghan met with 3 different nursing home administrative groups to discuss claim issues experienced with the go-live process. Moving</p>	<p>No action necessary, Informational only.</p>		<p>Meghan McNelly & Christina Kauffman</p>

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	<p>forward in 2019, we look to enhance the quality of these calls by doing more regular monitoring.</p> <p>In April (4/17), there is an education series open to physicians planned where a fellow physician will come to Camp Hill or Pittsburg to discuss the different Opioid initiatives under-taken by Corporate to better manage LA opioids, chronic opioid use, substance use disorders and various related items to the upcoming May initiation of the 50 MME Limit. It will offer credits to physician and we will distribute info. To allow you to invite colleagues and necessary.</p> <p>We are conducting internal pharmacy education including weekly pharmacy and call center meetings, SE go-live pharmacy training and on-boarding education for new hires and refresher courses as those staff members settle into their roles. With the increased pharmacy staff, we are also exploring external educational initiatives (Opioid initiatives, webinars, etc.)</p> <p>Christina shared information from the Medicare Pharmacy Dashboard detailing the various measures that we focus on related to the Stars Med D Adherence. These include PTP outbound calls (conversion to 90-day supply/delivery programs), with a goal to reach an EOY 3 ½ Star rating.</p> <p>Meghan stated that Christina and Patrick are spearheading the 2019 Medicare Adherence push to meet the required metrics. This is the initial push, as 2018 Medicare PTP lives did not meet the min to qualify for Star metrics, which gave us an opportunity to have the program built to meet the requirement necessary for managing and tracking.</p> <p>Product/Services eff. 1.1.2019 and the growth and expansion to covering over ½ of the State after initial go-live 1.1.2018 warrants kudos to the teams behind all the work that has been done and will be done as we look to begin servicing PTPs in all 67 counties beginning 1.1.2020.</p>			
Open Discussion	No Comments	No Action		

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Next Meeting	<p>The next meeting is scheduled for Wed., Apr. 10 or 17, 2019 (TBD at a later date)</p> <p>George reminded all remote attendees to complete and return the Remote Attendance Verification Form as a record of attendance.</p>	No action.		Meghan McNelly
Adjournment	With no further business to discuss a motion was made and accepted to adjourn the meeting at 12:50 PM.	Meeting adjourned at 12:50 PM		Meghan McNelly

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