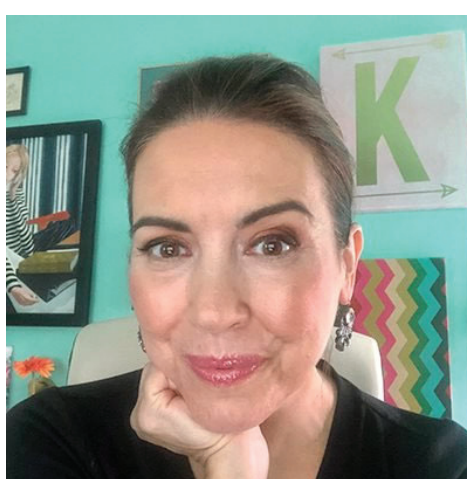


Meet the PA Health & Wellness Outreach Team:



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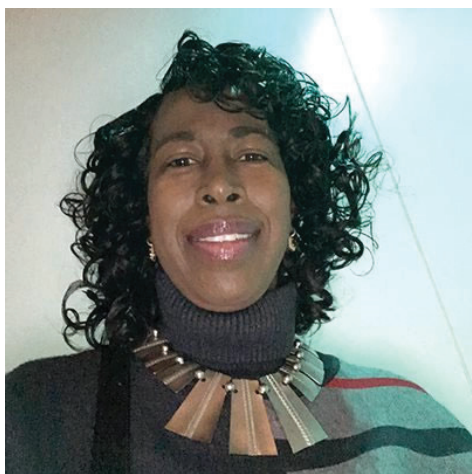
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Farmers Market Nutrition Programs

The WIC Farmers Market Nutrition Program (FMNP) and Senior Farmers Market Nutrition Program (SFMNP) provide WIC recipients and low income seniors with fresh, nutritious, unprepared, locally grown fruits, vegetables, and herbs from approved farmers' in Pennsylvania.

How it works:

- Easily find a market or farm stand to spend Senior or WIC PA Farmers Market Nutrition Program checks
FMNP season runs from June 1-November 30 each year
- Enter a location to find the nearest participating vendor
- Quick access to address, phone number, hours, and directions

Seniors must be 60 years of age or older and meet the federal income guidelines. The checks are available on a first come first serve basis.

Call your County Aging office to find out when and where they are distributing the checks/vouchers. Available on first come first serve basis.

Go to for more information: www.agriculture.pa.gov.



Virtual Senior Academy

Virtual Senior Academy is a platform for adults over the age of 50, offering them the opportunity to expand and make new friends by offering live learning experiences using video chat software that cover topics like health and wellness, arts and music, book clubs, history, current events, and more.

For more information:

<https://virtualsenioracademy.org/>

Jewish Association on Aging: Broadway Under the Stars Drive-In

PHW was a proud sponsor of the "Broadway Under the Stars Drive-In" to benefit the Jewish Association on Aging (Pittsburgh). The event was held at Heinz Field and featured Mandy Gonzalez- Broadway star of *Hamilton*, *In the Heights*, and *Wicked* performing via live web broadcast for the attendees.

Money raised from the event goes to ongoing care and services for JAA Senior Community Members. Thanks to Judy Scherrer, Nursing Home Retention Specialist (pictured) for representing PHW!



Jewish Association on Aging
Broadway Under the Stars Drive-In
Pittsburgh