



HEDIS® 2021 (MY 2020)

Controlling High Blood Pressure (CBP)

We are committed to working with you to improve the quality of care and health outcomes for your patients, our members. The Healthcare Effectiveness Data and Information Set (HEDIS®) tool is used to measure many aspects of performance. This tip sheet details some of the key features of the HEDIS® measure for Controlling High Blood Pressure.

<p>Measure Definition</p>	<p>The CBP measure evaluates the percentage of members 18–85 years of age who had a diagnosis of hypertension (HTN) and whose blood pressure (BP) was adequately controlled (<140/90 mm Hg) during 2020. Both the systolic and diastolic must be below 140/90 mm Hg, respectively, to be considered controlled.</p>
---------------------------	--

<p>Lines of Business</p>	<p>Marketplace, Medicaid, Medicare</p>
--------------------------	--

<p>HEDIS 2021 (MY2020) Updates</p>	<ul style="list-style-type: none"> • A diagnosis documented during a telehealth, telephone, e-visit or virtual check-in can count towards rate compliance • BP taken by the member with a digital device during a telephone visit, e-visit, or virtual check-in is acceptable
------------------------------------	--

<p>Required Documentation - Diagnosis of Hypertension</p>	<p>Documentation of <i>both</i> HTN diagnosis and BP reading are required.</p> <p>Diagnosis of Hypertension - HTN diagnosis must be documented on at least two visits with dates of service on or between January 1, 2019 and June 30, 2020. Visit type need not be the same for the two visits.</p> <p>Any of the following code combinations meet criteria for visit type:</p> <ul style="list-style-type: none"> • Outpatient visit with any diagnosis of hypertension • A telephone visit with any diagnosis of hypertension • An e-visit or virtual check-in with any diagnosis of hypertension
--	--

<p>Required Documentation - Blood Pressure Reading</p>	<p>Documentation of <i>both</i> HTN diagnosis and BP reading are required.</p> <p>BP Reading - The most recent BP reading during 2020 on or after the second diagnosis of hypertension</p> <ul style="list-style-type: none"> • If multiple BP measurements occur on the same date, use the lowest systolic and lowest diastolic BP reading. (For example: A member comes to the office and their BP is checked upon arrival. The BP is initially 145/95. Before departing, their BP is rechecked and is now 135/85. HEDIS® guidelines state to utilize the lowest BP documented from that date, resulting in a compliant 135/85 BP being used.) The systolic and diastolic results do not need to be from the same reading • If there is no recorded BP during 2020, the BP will be identified as “not controlled”
---	---

<p>Required Documentation - Blood Pressure Reading (cont.)</p>	<p>Unacceptable BP Readings:</p> <ul style="list-style-type: none"> × BP readings taken during an acute inpatient stay or ED visit × BP readings taken on the same day as a diagnostic test or therapeutic procedure that requires a change in diet or change in medication on or one day before the day of the test or procedure, with the exception of fasting blood tests × BP taken by the member with a non-digital device such as a manual blood pressure cuff and stethoscope
---	---

<p>Exclusions</p>	<ul style="list-style-type: none"> • Members who used hospice services anytime in 2020 • Members receiving palliative care in 2020 • Members with evidence of end-stage renal disease (ESRD), nephrectomy, kidney transplant, or who are on dialysis on or prior to December 31, 2020. Documentation in the medical record must include a dated note indicating evidence of ESRD, kidney transplant or dialysis • Members who are pregnant during 2020 • Members who had a non-acute inpatient admission in 2020 • Members 66–80 years of age as of December 31, 2020 (all product lines) with frailty and advanced illness • Members 81 years of age and older as of December 31, 2020 (all product lines) with frailty during 2020 • Medicare members age 66 or older as of December 31 of the measurement year who were either: <ul style="list-style-type: none"> • Enrolled in an Institutional SNP (I-SNP) any time during 2020, or • Living long-term in an institution any time during 2020
-------------------	---

<p>Best Practices: Improving HEDIS Scores</p>	<ul style="list-style-type: none"> • Outreach to members to schedule appointments • Schedule virtual or telephone visits for members who are nervous about coming into the office • Stress with members the importance of medication adherence and the benefits of controlled blood pressure • Counsel the member about healthy lifestyle changes such as improved diet and increased exercise and the effect on blood pressure control
---	---

Common Codes*

Description

Codes

Hypertension	ICD-10: I10
Systolic greater than/equal to 140	CPT-CAT-II: 3077F
Systolic less than 140	CPT-CAT-II: 3074F, 3075F
Diastolic Greater than/ Equal to 90	CPT-CAT-II: 3080F
Diastolic 80-89	CPT-CAT-II: 3079F
Diastolic Less than 80	CPT-CAT-II: 3078F
Remote Blood Pressure Monitoring Codes	CPT: 93784, 93788, 93790, 99091, 99453, 99454, 99457, 99473, 99474
Outpatient Codes	CPT: 99201 - 99205, 99211 - 99215, 99241 - 99245, 99347 -99350, 99381 - 99387, 99391 - 99397, 99401, 99402, 99403, 99404, 99411, 99412, 99429, 99455, 99456, 99483, 99341 - 99345 HCPCS: G0402, G0438, G0439, G0463, T1015
Non-acute Inpatient Codes	CPT: 99304 - 99310, 99315, 99316, 99318, 99324 - 99328, 99334 - 99337

*codes subject to change