

Personal Assistance Services (PAS)

DID YOU KNOW?

You Keep Your PAS Hours When You Work

Personal Assistance Services support your activities of daily living (ADLs). When you work, those needs do not go away. Neither does the support to help you meet those needs.

What might change?

- Time of day the service takes place due to your work schedule
- Needs changed due to now being in a work setting
(*Example: Employer's restroom is difficult for you to use, so PAS or other support may be needed.*)

Want more control over your PAS?

Ask your Service Coordinator about Participant Directed Options
<https://www.pahealthwellness.com/members/ltss/member-resources/FinancialManagementServicesFAQs.html>

Some ways PAS support PHW Participants who work or are seeking work:

- Restroom needs during work shift
- Getting ready for the day
- After work ADL like bathing
- Balance support at work (mobility)
- Catheter change needs
- Meal planning for work lunches
- Reminders to take medications



It is possible that your place of employment does not have the same access or support that you do at home. This is when a job coach can help you with the conversation with your employer.

They can also help explore what may be possible, including but not limited to assistive technology, such as installation of a grab bar in the bathroom or bringing your PAS worker for any ADL needs during your work shift.



Have questions about working?

Ask your Service Coordinator. Call Participant Services at 1-844-626-6813 (TTY: 711), or email Employment@PAHealthWellness.com

Learn more about PAS in the Workplace:

<https://www.dol.gov/agencies/odep/program-areas/employment-supports/personal-assistance-services>

ATTENTION: If you speak a language other than English, free language assistance services are available to you. Appropriate auxiliary aids and services to provide information in accessible formats are also available free of charge. Call 1-844-626-6813 (TTY: 711) or speak to your provider.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. También están disponibles de forma gratuita ayuda y servicios auxiliares apropiados para proporcionar información en formatos accesibles. Llame al 1-844-626-6813 (TTY: 711) o hable con su proveedor.

注意: 如果您说 中文, 我们将免费为您提供语言协助服务。我们还免费提供适当的辅助工具和服务, 以无障碍格式提供信息。致电 1-844-626-6813 (文本电话: 711) 或咨询您的服务提供商。

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