It can be difficult to explain behaviors brought on by Alzheimer's or Dementia to those you do not know or are unfamiliar with the disease. To ease this challenge, you can utilize the Participant Cards. These notes are in business card form to discreetly alert others that you may exhibit unusual behavior due to Alzheimer's or Dementia.

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If I need additional assistance please contact:	I HAVE DEMENTIA
My Name is:	The person holding this card has Dementia. Dementia
Emergency Contact 1:	is a group of symptoms that affect memory, thinking abilities and social abilities. They may be lost and confused at the moment. Please help them contact their caregiver whose information is on the back of the card. Your kindness and cooperation would be much appreciated. Pa health & wellness.
Emergency Contact 2:	
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	HealthChorces & wellness.



