

Dear Participant,

Whether you have Type 1 or Type 2, PA Health & Wellness understands that living with diabetes can be demanding. Daily challenges like managing a healthy diet while balancing blood sugars can be stressful, especially when living an active lifestyle.

Diabetes symptoms can happen at any time, and quickly turn into an emergency. When a diabetic emergency occurs, you may feel confused, wobbly, sluggish, or lightheaded; you may even pass out. If this happens you may not be able to communicate to others for help. This is why a Diabetic Alert Card is important for people living with diabetes — to alert others to your condition, and make sure you get proper medical care in a diabetic emergency.

In the event of a medical emergency, being prepared can make all the difference. Offered to you is a Diabetic Emergency Alert Card to keep along with your PA Health & Wellness Participant ID card.

Please fill out the back of the card with your name so a first responder will know who you are along with emergency and your doctor's contact information to notify of your condition.

At PA Health & Wellness nothing is more important than taking care of your healthcare needs.

Front



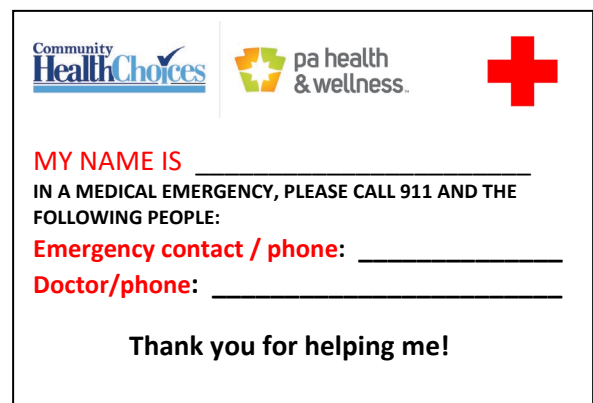
Community HealthChoices | pa health & wellness. 


MEDICAL ALERT CARD

I AM A DIABETIC

**SEE BACK OF CARD FOR
MORE INFORMATION**

Back



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MY NAME IS _____

**IN A MEDICAL EMERGENCY, PLEASE CALL 911 AND THE
FOLLOWING PEOPLE:**

Emergency contact / phone: _____

Doctor/phone: _____

Thank you for helping me!