



Adopted Clinical Practice and Preventive Health Guidelines

Conditions/ Diseases	Guideline Title	Recognized Source	URL	Review/ Update
Medical				
Adult Preventive Care	American Cancer Society Guidelines for the Early Detection of Cancer (Revised May 2018)	American Cancer Society (ACS)	http://www.cancer.org/Healthy/FindCancerEarly/CancerScreeningGuidelines/american-cancer-society-guidelines-for-the-early-detection-of-cancer	May 2020
	Morbidity and Mortality Weekly Report (MMWR)	Centers for Disease Control and Prevention (CDC)	http://www.cdc.gov/mmwr/	May 2020
	U.S. Preventive Services Task Force Recommendations. (Publication dates vary)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/Page/Name/recommendations	May 2020
Asthma	Asthma Care Quick Reference Diagnosing and managing asthma. Guidelines from the National Asthma Education and Prevention Program. Expert Panel Report 3. (Revised 2012)	U.S. Department of Health and Human Services (HHS); National Institute of Health (NIH); National Heart, Lung, and Blood Institute (NHLBI)	https://www.nlm.nih.gov/health-topics/all-publications-and-resources/asthma-care-quick-reference-diagnosing-and-managing	May 2020
	Expert Panel Report 3: Guidelines for the Diagnosis and Management of Asthma (Full Report July 2007) and Changes to the Guidelines (August 2008)	U.S. Department of Health and Human Services (HHS); National Institute of Health (NIH); National Heart, Lung, and Blood Institute (NHLBI)	http://www.nlm.nih.gov/guidelines/asthma/index.htm	May 2020
	2018 GINA Report, Global Strategy For Asthma Management and Prevention. Updated 2018	Global Initiative for Asthma (GINA)	https://ginasthma.org/wp-content/uploads/2018/04/wms-GINA-2018-report-V1.3-002.pdf	May 2020
Back Pain	Low Back Pain, Adult Acute and Subacute (Updated March 2018)	Institute for Clinical Systems Improvement (ICSI)	https://www.icsi.org/guideline/low-back-pain/	May 2020



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Cancer	Radiation Therapy for the Whole Breast: An American Society for Radiation Oncology (ASTRO) Evidence-Based Guidelines	American Society for Radiation Oncology (ASTRO)	https://www.practicalradonc.org/cms/10.1016/j.prro.2018.01.012/attachment/775de137-63cb-4c5d-a7f9-95556340d0f6/mmc1.pdf	May 2020
	Diagnosis and Treatment of Low Back Pain: a Joint Clinical Practice Guideline from the American College of Physicians and the American Pain Society (October 2, 2007)	American College of Physicians; American Pain Society	http://annals.org/article.aspx?articleid=736814 and http://annals.org/aim/fullarticle/739339/correction-diagnosis-treatment-low-back-pain	May 2020
	Noninvasive Treatments for Acute, Subacute, and Chronic Low Back Pain: A Clinical Practice Guideline From the American College of Physicians (April 2017)	American College of Physicians	http://annals.org/aim/fullarticle/2603228/noninvasive-treatments-acute-subacute-chronic-low-back-pain-clinical-practice	May 2020
Chlamydia Screening	Final Recommendation Statement Gonorrhea and Chlamydia: Screening, September 2014	U.S. Preventive Services Task Force (USPSTF)	http://www.uspreventiveservicestaskforce.org/Page/Document/RecommendationStatementFinal/chlamydia-and-gonorrhea-screening	May 2020
COPD	Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease (2019 Report)	The Global Initiative for Chronic Obstructive Lung Disease	https://goldcopd.org/wp-content/uploads/2018/11/GOLD-2019-v1.7-FINAL-14Nov2018-WMS.pdf	May 2020
Coronary Artery Disease	Integrated Guidelines for Cardiovascular Health and Risk Reduction in Children and Adolescents. The Report of the Expert Panel (October 2012)	U.S. Department of Health and Human Services (HHS); National Institute of Health (NIH); National Heart, Lung, and Blood Institute (NHLBI)	https://www.nhlbi.nih.gov/sites/default/files/publications/12-7486.pdf	May 2020



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	ACC/AHA Prevention Guideline: 2013 ACC/AHA Guideline on the Assessment of Cardiovascular Risk. (Circulation. 2014; 129:S49-S73) (Published online Nov. 2013)	American College of Cardiology (ACC) and American Heart Association (AHA) Task Force	http://www.onlinejacc.org/content/accj/63/25_Part_B/2935.full.pdf?ga=2.226970781.1266825403.1554128597-1581546980.1542635095	May 2020
	Routine Assessment and Promotion of Physical Activity in Healthcare Settings; A scientific statement from the American heart association (Circulation. 2018; 137:e495–e522)	American Heart Association (AHA)	https://www.ahajournals.org/lookup/doi/10.1161/CIR.0000000000000559	May 2020
	AHA Scientific Statement: Secondary Prevention of Atherosclerotic Cardiovascular Disease in Older Adults. (Circulation. 2013; 128:2422-2446)	American Heart Association (AHA)	http://circ.ahajournals.org/content/128/22/2422.full	May 2020
	AHA/ACC/ASH Scientific Statement Treatment of Hypertension in Patients with Coronary Artery Disease. (Circulation 2015;131:e435-e470)	American Heart Association (AHA), American College of Cardiology (ACC), and American Society of Hypertension	http://circ.ahajournals.org/content/131/19/e435.full	May 2020
	AHA/ACCF Guideline: Secondary Prevention and Risk Reduction Therapy for Patients with Coronary and Other Atherosclerotic Vascular Disease, 2011 Update (Circulation. 2011; 124: 2458-2473) and	American Heart Association (AHA) and American College of Cardiology Foundation (ACC)	http://circ.ahajournals.org/content/124/22/2458.full.pdf	May 2020
	2019 AHA/ACCF Guideline on the Primary Prevention of Cardiovascular Disease: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines	American Heart Association (AHA) and American College of Cardiology Foundation (ACC)	https://www.ahajournals.org/doi/10.1161/CIR.0000000000000677	May 2020



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Critical Care	Surviving Sepsis Campaign: International Guidelines for Management of Severe Sepsis and Septic Shock: 2016	Society of Critical Care Medicine and European Society of Intensive Care Medicine.	https://journals.lww.com/ccmjournal/Fulltext/2017/03000/Surviving_Sepsis_Campaign_International.15.asp	May 2020
Diabetes	AACE/ACE Consensus Statement: Consensus Statement by the American Association of Clinical Endocrinologists and American College of Endocrinology on the Comprehensive Type 2 Diabetes Management Algorithm-2018 Executive Summary (Endocrine Practice 2018; Volume 24, No.1)	American Association of Clinical Endocrinologists and American College of Endocrinology	https://www.aace.com/sites/all/files/diabetes-algorithm-executive-summary.pdf	May 2020
	Clinical Practice Recommendations – 2019. Standards of Medical Care in Diabetes (Diabetes Care 2018, Volume 41, Supplement 1)	American Diabetes Association (ADA)	https://professional.diabetes.org/content-page/practice-guidelines-resources	May 2020
Heart Failure	2017 ACC/AHA/HFSA Focused Update of the 2013 ACCF/AHA Guideline for the Management of Heart Failure: A Report of the ACC, AHA and HFSA (Circulation. 2017; CIR.0000000000000509, originally published April 28, 2017)	American College of Cardiology (ACC) Foundation, American Heart Association (AHA) Task Force on Practice Guidelines and the Heart Failure Society of America (HFSA)	http://www.onlinejacc.org/content/ajccj/70/6/776.full.pdf?_ga=2.221668248.1266825403.1554128597-1581546980.1542635095	May 2020
	Updated Clinical Practice Guidelines on Heart Failure: An International Alignment (April 2017)	American Heart Association (AHA), American College of Cardiology (ACC) Foundation, Heart Failure Society of American (HFSA), and the Heart Failure Association and the European Society of Cardiology	http://circ.ahajournals.org/content/136/6/e137	May 2020



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Hyperlipidemia	Lipid Management in Adults (February 2017)	Institute for Clinical Systems Improvement (ICSI)	https://www.icsi.org/guideline/lipid-management/	May 2020
	ACC/AHA Prevention Guideline: 2013 ACC/AHA Guideline on the Treatment of Blood Cholesterol to Reduce Atherosclerotic Cardiovascular Risk in Adults. (Circulation 2014; 129:S1-S45)	American College of Cardiology (ACC), American Heart Association (AHA) Task Force on Practice Guidelines	https://www.ahajournals.org/doi/full/10.1161/01.cir.0000437738.63853.7a	May 2020
Hypertension	2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCN A Guideline for the Prevention, Detection, Evaluation and Management of High Blood Pressure in Adults; A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines	Journal of the American College of Cardiology (ACC)	http://www.onlinejacc.org/content/71/19/e127.full.pdf?_ga=2.193364781.1266825403.1554128597-1581546980.1542635095	May 2020
Immunizations	Recommended adult immunization schedule for ages 19 years and older, United States 2019	Advisory Committee on Immunization Practices (ACIP)	http://www.cdc.gov/vaccines/schedules/hcp/adult.html	May 2020
	Recommended child and adolescent Immunization Schedule for ages 18 years or younger, United States, 2019	Advisory Committee on Immunization Practices (ACIP)	http://www.cdc.gov/vaccines/schedules/hcp/child-adolescent.html	May 2020
	Prevention and Control of Seasonal Influenza with Vaccines: Recommendations of the ACIP — United States, 2018–19 Influenza Season	Advisory Committee on Immunization Practices (ACIP)	https://www.cdc.gov/mmwr/volumes/67/rr/rr6703a1.htm?s_cid=rr6703a1_w	May 2020
Lead Poisoning	CDC's Childhood Lead Poisoning Prevention Program	Advisory Committee On Childhood Lead Poisoning Prevention (ACCLPP)	https://www.cdc.gov/nceh/lead/default.htm	May 2020



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	Recommendations for Blood Lead Screening of Medicaid-Eligible Children Aged 1-5 Years: an Updated Approach to Targeting a Group at High Risk (Last Reviewed 07/28/2009)	Advisory Committee on Childhood Lead Poisoning, Division of Environmental and Emergency Health Services, and National Center for Environmental Health	http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5809a1.htm	May 2020
Pediatric Preventive Care	Guidelines on Periodicity of Examination, Preventive Dental Services, Anticipatory Guidance/Counseling, and Oral Treatment for Infants, Children, and Adolescents (Revised 2018)	American Academy of Pediatric Dentistry	https://www.aapd.org/research/oral-health-policies--recommendations/	May 2020
	Periodicity Schedule: Recommendations for Preventive Pediatric Health Care (2019)	American Academy of Pediatrics	http://www.aap.org/en-us/professional-resources/practice-support/Pages/PeriodicitySchedule.aspx	May 2020
Perinatal Care	AFP by Topic: Prenatal (Publication dates vary)	American Academy of Family Physicians (AAFP)	https://www.aafp.org/afp/topicModules/viewTopicModule.htm?topicModuleId=25	May 2020
	Guidelines for Perinatal Care, Eighth Edition (2017)	The American College of Obstetricians and Gynecologists (ACOG)	Available online for ACOG members only. http://www.acog.org/About-ACOG/ACOG-Departments/Deliveries-Before-39-Weeks/ACOG-Clinical-Guidelines	May 2020
Respiratory Illness	Adult and Pediatric treatment recommendations. (Adult reviewed Oct. 2017, Pediatric Feb. 2017).	Centers for Disease Control and Prevention (CDC)	http://www.cdc.gov/getsmart/community/for-hcp/outpatient-hcp/index.html	May 2020
	AFP by Topic: Upper Respiratory Tract Infections (Publication dates vary)	American Academy of Family Physicians (AAFP)	http://www.aafp.org/afp/topicModules/viewTopicModule.htm?topicModuleId=29	May 2020



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	Diagnosis and Treatment of Respiratory Illness in Children and Adults. (Updated September 2017)	Institute for Clinical Systems Improvement (ICSI)	https://www.icsi.org/guideline/respiratory-illness/	May 2020
Sickle Cell	Sickle Cell Disease, Recommendations (Last reviewed Aug. 9, 2017)	Centers for Disease Control and Prevention (CDC)	http://www.cdc.gov/ncbddd/sickle-cell/recommendations.html	May 2020
	Evidence-Based Management of Sickle Cell Disease: Expert Panel report, 2014	National Institutes of Health Heart, Lung, and Blood Institute	https://www.nhlbi.nih.gov/sites/default/files/media/docs/sickle-cell-disease-report%20020816_0.pdf	May 2020
Weight Management	Overweight and Obesity Prevention Strategies and Guidelines (2018)	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/obesity/resources/strategies-guidelines.html	May 2020
	Adult Weight Management (AWM) Guideline (2014)	Academy of Nutrition and Dietetics	http://www.andeal.org/topic.cfm?menu=5276&cat=4688	May 2020
	Clinical Report: Preventing Obesity and Eating Disorders in Adolescents. (Pediatrics Vol. 138 Iss.3 Sept. 2016 pp.1834-1842)	American Academy of Pediatrics (AAP)	https://pediatrics.aappublications.org/content/138/3/e20161649	May 2020
	Managing Overweight and Obesity in Adults: Systematic Evidence Review from the Obesity Expert Panel (2013)	U.S. Department of Health and Human Services, National Institute of Health, National Heart, Lung, and Blood Institute	http://www.nhlbi.nih.gov/health-pro/guidelines/in-develop/obesity-evidence-review	May 2020
	Final Recommendation Statement Obesity in Children and Adolescents: Screening, June 2017	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/obesity-in-children-and-adolescents-screening1	May 2020
	Clinical practice guideline for multicomponent behavioral treatment of obesity and overweight in children and adolescents (March 2018)	American Psychological Association (APA)	https://www.apa.org/obesity-guideline/clinical-practice-guideline.pdf	May 2020



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Behavioral Health				
Alcohol Use Disorder	Practice guideline for the pharmacological treatment of patients with alcohol use disorder (Jan. 2018)	American Psychiatric Association (APA)	https://psychiatryonline.org/doi/pdf/10.1176/appi.books.9781615371969	May 2020
Dementia	Practice guideline on the use of antipsychotics to treat agitation or psychosis in patients with dementia (May 2016)	American Psychiatric Association (APA)	https://psychiatryonline.org/doi/book/10.1176/appi.books.9780890426807	May 2020
Developmental Disorders	Identifying infants and young children with developmental disorders in the medical home: an algorithm for developmental surveillance and screening (Reaffirmed Nov. 2014)	American Academy of Pediatrics (AAP)	https://pediatrics.aappublications.org/content/118/1/405.full	May 2020
Emotional and Behavioral Problems	Addressing early childhood emotional and behavioral problems (Dec. 2016)	American Academy of Pediatrics (AAP)	https://pediatrics.aappublications.org/content/138/6/e20163023	May 2020
Eating Disorders	Practice parameter for the assessment and treatment of children and adolescents with eating disorders (May 2015)	American Academy of Child and Adolescent Psychiatry (AACAP)	https://www.jaacap.org/article/S0890-8567(15)00070-2/pdf	May 2020
Posttraumatic Stress Disorder	Clinical practice guideline for the treatment of posttraumatic stress disorder (PTSD) in Adults (Feb. 2017)	American Psychological Association (APA)	https://www.apa.org/ptsd-guideline/ptsd.pdf	May 2020
Psychiatric evaluation	Practice guidelines for the psychiatric evaluation of adults, Third edition (Aug. 2015)	American Psychiatry Association (APA)	https://psychiatryonline.org/doi/book/10.1176/appi.books.9780890426760	May 2020



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Reactive Attachment Disorder and Disinhibited Social Engagement Disorder	Practice parameter for the assessment and treatment of children and adolescents with reactive attachment disorder and disinhibited social engagement disorder (Nov. 2016)	American Academy of Child and Adolescent Psychiatry (AACAP)	https://www.jaacap.org/article/S0890-8567(16)31183-2/pdf	May 2020
Tobacco Cessation	Committee Opinion 721: Smoking Cessation During Pregnancy (Oct. 2017)	American College of Obstetricians and Gynecologists (ACOG)	https://www.acog.org/-/media/Committee-Opinions/Committee-on-Obstetric-Practice/co721.pdf?dmc=1&ts=20190403T1332051793	May 2020
	Smoking and Tobacco Use Cessation	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/tobacco/quit_smoking/cessation/index.htm	May 2020
General Evidence Based Medicine	Choosing Wisely (2018)	Choosing Wisely; American Board of Internal Medicine Foundation	http://www.choosingwisely.org/	May 2020
LTSS	Long Term Services and Supports Distinction Standards	National Committee for Quality Assurance	https://www.ncqa.org/	May 2020

Revision log	Date	Approval Date
Updated Adopted Clinical Practice and Preventive Health Guidelines attachment to most current versions of guidelines (Added Practice Guidelines for ADHD, Adult Preventive Care, Asthma, Back Pain, Bipolar Disorder, Coronary Artery Disease, Diabetes, Hyperlipidemia, Hypertension, Lead Screening, Major Depressive Disorder, Oppositional Defiant Disorder, Panic Disorder, Pediatric Preventive Care, Perinatal Care, Respiratory Illness, Schizophrenia, Sickle Cell, Stress Disorder, Substance Use Disorders, Tobacco Cessation, Use of Psychotropic Medication. Removed Practice Guidelines for Back Pain, Coronary Artery Disease, Heart Failure, and Hyperlipidemia.)	07/15	07/15
Updated Adopted Clinical Practice and Preventive Health Guidelines attachment to most current versions of guidelines (Added Practice Guidelines for Heart Failure, Respiratory Illness, and Pediatric Medical and Psychiatric Management).	06/16	06/16



Revision log	Date	Approval Date
<p>Updated Adopted Clinical Practice and Preventive Health Guidelines attachment to most current version of guidelines. Added footer to notate Clinical Policy Committee approval dates. Revised column header to read, “Review/Update Date”.</p> <p>Deleted the following as they are out of date: The Practical Guide to the Identification, Evaluation, and Treatment of Overweight and Obesity in Adults; Lead Toxicity How should patients exposed to lead be evaluated?; Practice parameter for the psychiatric assessment and management of physically ill children and adolescents.</p> <p>Updated heart failure guidelines to include, “2017 ACC/AHA/HFSA Focused Update of the 2013 ACCF/AHA Guideline for the Management of Heart Failure: A Report of the ACC, AHA and HFSA (Circulation. 2017; CIR.0000000000000509, originally published April 28, 2017)”. Updated schizophrenia guidelines to include, “The Practice Parameter for the Assessment and Treatment of Children and Adolescents with Schizophrenia (September 2013)”.</p>	07/17	07/17
<p>Updated link to, “The Primary and Secondary Prevention of Coronary Artery Disease: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines”.</p>	09/17	
<p>Added Sepsis Guidelines; Updated “Prevention and Control of Influenza with Vaccines” and “Smoking Cessation During Pregnancy”.</p>	01/18	01/18
<p>Updated CPG references and links.</p> <p>Added: Noninvasive Treatments for Acute, Subacute, and Chronic Low Back Pain: A Clinical Practice Guideline From the American College of Physicians; The National Physical Activity Plan: A Call to Action from the American Heart Association (Circulation. 2015; 131:1932-1940); Lipid Management in Adults (February 2017); 2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation and Management of High Blood Pressure in Adults; A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines; AHA Scientific Statement: Exercise and Physical Activity in the Prevention and Treatment of Atherosclerotic Cardiovascular Disease (Circulation. 2003; 107:3109-3116); Standards of Medical Care in Diabetes (Diabetes Care July 2017, 40: 811-987); HFSA 2010 Comprehensive Heart Failure Practice Guideline. (June 2010; 16: e1-e194); Childhood Obesity Prevention (2018); General Evidence-Based Guidelines & Choosing Wisely (2018)</p> <p>Removed: ACC/AHA Prevention Guideline: 2013 ACC/AHA Guideline on the Treatment of Blood Cholesterol to Reduce Atherosclerotic Cardiovascular Risk in Adults. (Circulation 2014; 129:S1-S45); Evidence-Based Management of Sickle Cell Disease. Expert Panel Report, 2014; The Management of Sickle Cell Disease, Fourth Edition (2004).</p>	06/18	07/18
<p>Updated ICSI links for lipid management, low back pain, and respiratory illness. Updated ACOG perinatal care guidelines to reflect the 2017 eighth edition.</p>	02/19	



Revision log	Date	Approval Date
<p>Reviewed and updated links and updated guideline versions as applicable.</p> <p>Removed the following outdated/expired clinical guidelines: 2012 Physical Therapy Association low back pain guideline; National physical activity plan; Primary and secondary prevention of coronary artery disease; AHA scientific statement: exercise and heart failure; NHLBI 3rd report on detection, evaluation, and treatment of high blood cholesterol; AAP Active healthy living: prevention of childhood obesity; AAP Expert Committee recommendations regarding child and adolescent overweight and obesity; AAFP guideline on streptococcal pharyngitis.</p> <p>Added the following guidelines: AHA routine assessment and promotion of physical activity in healthcare settings; AHA primary prevention of cardiovascular disease; NHLBI evidence based management of sickle cell disease; AAP preventing obesity and eating disorders in adolescents; APA guidelines for behavioral treatment of obesity and overweight in children and adolescents.</p> <p>Removed the following expired behavioral health clinical guidelines: AAP: ADHD (2001 and 2011 titles); AACAP: ADHD, Anxiety, Bipolar Disorder, Depressive Disorders, Oppositional Defiant Disorder, Schizophrenia, and psychotropic medication; APA: Bipolar Disorder, Major Depressive Disorder, Panic Disorder, Schizophrenia, Stress Disorders, and Substance Use Disorder.</p> <p>Added the following behavioral health guidelines: APA: alcohol use disorder, antipsychotics for dementia, PTSD, and psychiatric evaluation of adults; AAP: developmental disorders and early childhood emotional and behavioral problems; AACAP: Eating disorders and reactive attachment/disinhibited social engagement disorders.</p> <p>Added approval dates to revision log and removed them from page footer.</p>	04/19	04/19
Added ASTRO guideline for whole breast radiation therapy	05/19	05/19