

# Controlling Blood Pressure (BP)



Controlling High Blood Pressure is a CMS Star quality measure with a current weighted value of 1. Beginning in January 2021, CMS will increase the weighted value to 3 for this measure. Here are some quick reminders for closing blood pressure care gaps:

**Always:** Retake BP if initial blood pressure is  $>140/90$  mmHg; **Take and record in the medical record**, at least three (3) separate measurements during the visit if the BP is high.

Repeated measurements should be separated by 5 -10 minutes.



## Description:

The percentage of members 18–85 years of age who had at least two visits on different dates of service with a diagnosis of hypertension during the measurement year and whose BP was adequately controlled ( $< 140/90$  mmHg) during the measurement year.

The most recent BP reading during the measurement year must occur on or after the second date of diagnosis of hypertension.

**The following criteria determines if the last blood pressure is controlled:**

- ✓ Members 18–85 years of age whose BP was  $<140/90$  mmHg.

**Product Line:** Medicare



## New

**BP readings that are reported by the member using an electronic device are now acceptable.**

- ✓ Document in the note the reading specifically is from an electronic device.
- ✓ Telehealth visits are acceptable as long as the BP reading is taken by an electronic device.
- ✓ Use of a manual device does not meet criteria.



**The following tips will help to ensure an accurate BP reading:**

- ✓ Allow patient to rest for 5 minutes prior to first blood pressure reading.
- ✓ Ensure patient is sitting in a chair with back supported and both feet on the floor.
- ✓ Keep legs uncrossed. ✓ Select the proper cuff size for every patient.
- ✓ Place blood pressure cuff over a bare arm. ✓ Support the patients arm at heart level.
- ✓ Check BP on both arms and record the lowest systolic and diastolic readings. ✓ Never round up.
- ✓ Wait 5-10 minutes and retake blood pressure on opposite arm if blood pressure is elevated.



Members can obtain an electronic blood pressure monitor at no cost by calling the Customer Service number on their ID card for a Case Management (CM) referral.



### Do This!

Detailed information recorded on medical record

#### Vitals:

**Weight:** 205 lb **Height:** 5 ft. & 2 in. **BMI:** 37.7 **BSA:** 2

**BP:** 160/92 sitting L arm **Pulse rate:** 56 BPM

**Resp. Rate:** 16 RPM

**BP Retake:** 138/84 sitting R arm

Always document “reading taken by electronic monitoring device” when applicable.



### Not That!

Not enough information recorded

#### Vitals:

**Wt** 287 lbs, **Weight Change** -5lbs, **Ht** 67 in,

**BMI** 44.95, **BP** 177/113, **Temp** 97.7 F, **HR** 91,

**Oxygen sat %** 100

( BP Noncompliant and Not Retaken )

## Billing Codes:

Description	Codes
Hypertension	ICD-10: I10
Systolic greater than/equal to 140	CPT-CAT-II: 3077F
Systolic less than 130	CPT-CAT-II: 3074F
Systolic between 130-139	CPT-CAT-II: 3075F
Diastolic greater than/equal to 90	CPT-CAT-II: 3080F
Diastolic 80-89	CPT-CAT-II: 3079F
Diastolic less than 80	CPT-CAT-II: 3078F
Remote Blood Pressure Monitoring Codes	CPT: 93784, 93788, 93790, 99091
Outpatient codes	CPT: 99201-99205, 99211-99215, 99241-99245, 99347-99350, 99381-99387, 99391-99397, 99401-99404, 99411, 99412, 99429, 99455, 99456, 99483, 99341-99345
HCPCS: G0402, G0438, G0439, G0463	
Telephone Visits	98966-98968, 99441-99443
CPT Modifiers for Telehealth	95, GT, 02
Digital Blood Pressure Monitoring	93784, 93788, 93790, 99091, 99453, 99454, 99457, 99473, 99474