



## LIPOTROPICS, OTHER PRIOR AUTHORIZATION FORM (form effective 1/5/2026)

FAX this completed form to (844) 205-3386

OR Mail requests to: Pharmacy Department | 5 River Park Place East, Suite 210 | Fresno, CA 93720

OR Prior authorization may be completed at <https://www.covermy meds.com/main/prior-authorization-forms/>

Prior authorization guidelines **Lipotropics, Other** and **Quantity Limits/Daily Dose Limits** are available on the PA Health & Wellness website at <https://www.pahealthwellness.com/providers/pharmacy.html>.

<input type="checkbox"/> New request	<input type="checkbox"/> Renewal request	Total pages: _____	Prescriber name:	
Name of office contact:		Specialty:		
Contact's phone number:		NPI:	State license #:	
LTC facility contact/phone:		Street address:		
Member name:		City/state/zip:		
Member ID#:	DOB:	Phone:	Fax:	

### CLINICAL INFORMATION

Drug requested:	Strength:	Dosage form:	
Dose/directions:		Quantity:	Refills:
Diagnosis ( <u>submit documentation</u> ):		Dx code ( <u>required</u> ):	

Complete all sections that apply to the member and this request.

Check all that apply and submit documentation for each item.

#### INITIAL requests

##### 1. For treatment of ANY LIPID DISORDER:

Has results of a lipid profile within the past 3 months

##### 2. For a PCSK9 INHIBITOR (eg, Leqvo, Praluent, Repatha), NEXLETOL (bempedoic acid), or NEXLIZET (bempedoic acid/ezetimibe):

Has at least ONE of the following **diagnoses**:

- A history of clinical atherosclerotic cardiovascular disease
- Familial hypercholesterolemia
- Severe hypercholesterolemia (baseline LDL-C  $\geq$ 190 mg/dL)

ONE of the following related to history of **statin** use:

- Failed to achieve goal LDL-C or percentage reduction of LDL-C with maximally tolerated dose of ONE high-intensity statin (eg, atorvastatin, rosuvastatin) for at least THREE consecutive months

Is unable to tolerate high-intensity statins AND:

- Has a temporally related intolerance to high-intensity statins
- Tried and failed or has an intolerance to the lowest FDA-approved daily dose or alternate-day dosing of any statin for at least THREE months

Modifiable comorbid conditions that may enhance statin intolerance were ruled out and/or addressed by the prescriber (eg, drug interactions, hypothyroidism, vitamin D deficiency, etc.)

Has a contraindication to statins

ONE of the following related to history of **ezetimibe** use:

- Failed to achieve goal LDL-C or percentage reduction of LDL-C with ezetimibe in combination with maximally tolerated dose of the highest-tolerated intensity statin (eg, atorvastatin, rosuvastatin) for at least THREE consecutive months
- Has a contraindication or an intolerance to ezetimibe
- For a **PCSK9 INHIBITOR**, has an LDL-C that is >25% above goal LDL-C while adherent to treatment with the maximally tolerated dose of the highest-tolerated intensity statin for at least THREE consecutive months

ONE of the following:

- For a diagnosis of homozygous familial hypercholesterolemia, is prescribed the requested medication in addition to other standard lipid-lowering therapies
- For all other diagnoses, is prescribed the requested medication in addition to the maximally tolerated dose of the highest-tolerated intensity statin (if clinically appropriate)

For a **NON-PREFERRED PCSK9 INHIBITOR**:

- Tried and failed a preferred PCSK9 inhibitor or has a contraindication or an intolerance to the preferred PCSK9 inhibitors approved or medically accepted for the treatment of the member's diagnosis (Refer to <https://papdl.com/preferred-drug-list> for a list of preferred and non-preferred drugs in this class.)

For **NEXLETOL (bempedoic acid)** or **NEXLIZET (bempedoic acid/ezetimibe)**:

- If currently taking simvastatin or pravastatin, will not be using Nexletol/Nexlizet concomitantly with simvastatin at a dose of >20 mg daily or pravastatin at a dose of >40 mg daily

### 3. For EVKEEZA (evinacumab) or JUXTAPID (lomitapide):

Is prescribed the requested medication by or in consultation with a cardiologist, endocrinologist, or other provider specializing in lipid disorders

ONE of the following:

- Tried and failed or has a contraindication or an intolerance to PCSK9 inhibitors
- Has results of genetic testing that are positive for mutations associated with lack of response to PCSK9 inhibitors

Is prescribed the requested medication in addition to other standard lipid-lowering therapies

### 4. For VASECPA (icosapent ethyl):

ONE of the following:

- Has a history of clinical atherosclerotic cardiovascular disease
- BOTH of the following:
  - Has diabetes mellitus
  - Has at least 2 additional ASCVD risk factors AND (check all that apply):
 

<input type="checkbox"/> age $\geq$ 50 years	<input type="checkbox"/> HDL-C $\leq$ 40 mg/dL for males or $\leq$ 50 mg/dL for females
<input type="checkbox"/> cigarette smoking	<input type="checkbox"/> retinopathy
<input type="checkbox"/> hypertension	<input type="checkbox"/> micro- or macroalbuminuria
<input type="checkbox"/> hs-CRP $>$ 3.00 mg/L	<input type="checkbox"/> ABI $<$ 0.9
<input type="checkbox"/> CrCl $<$ 60 mL/min	<input type="checkbox"/> other: _____

Tried and failed or has a contraindication or an intolerance to the preferred Lipotropics, Other approved or medically accepted for the treatment of the member's diagnosis (Refer to <https://papdl.com/preferred-drug-list> for a list of preferred and non-preferred drugs in this class.)

Has fasting triglycerides  $\geq$ 150 mg/dL

ONE of the following:

- Tried and failed maximally tolerated doses of TWO different high-intensity statins for at least THREE months each
- Has a history of statin intolerance after modifiable risk factors have been addressed (eg, drug interactions, hypothyroidism, vitamin D deficiency, etc.)



Has a contraindication to statins

**5. For TRYNGOLZA (olezarsen):**

Is prescribed the requested medication by or in consultation with a cardiologist, endocrinologist, gastroenterologist, or other provider specializing in lipid disorders

Has familial chylomicronemia syndrome (FCS) AND ONE of the following:

- Results of genetic testing showing biallelic pathogenic variations in FCS-causing genes
- A North American FCS score  $\geq 60$  (i.e., definite FCS)
- BOTH of the following:
  - A North American FCS score  $\geq 45$  and  $< 60$  (i.e., likely FCS)
  - An FCS score (Moulin score)  $\geq 10$  (i.e., FCS very likely)

**6. For ALL OTHER NON-PREFERRED Lipotropics, Other:**

Tried and failed or has a contraindication or an intolerance to the preferred Lipotropics, Other approved or medically accepted for the member's diagnosis (Refer to <https://papdl.com/preferred-drug-list> for a list of preferred and non-preferred drugs in this class.)

**RENEWAL requests**

**1. For ALL diagnoses:**

Experienced a positive clinical response demonstrated by lab test results, if appropriate for the diagnosis, since starting the requested medication (e.g., decreased LDL-C, decreased triglycerides, etc.)

**2. For a PCSK9 INHIBITOR (eg, Leqvio, Praluent, Repatha):**

For a diagnosis of homozygous familial hypercholesterolemia, is using the requested PCSK9 inhibitor in addition to other standard lipid-lowering treatments

For all other diagnoses, is using the requested PCSK9 inhibitor in addition to the maximally tolerated dose of the highest-tolerated intensity statin (if clinically appropriate)

**3. For NEXLETOL (bempedoic acid) or NEXLIZET (bempedoic acid/ezetimibe):**

Is using the requested medication in addition to the maximally tolerated dose of the highest-tolerated intensity statin (if clinically appropriate)

If currently taking simvastatin or pravastatin, will not be using Nexletol/Nexlizet concomitantly with simvastatin at a dose of  $>20$  mg daily or pravastatin at a dose of  $>40$  mg daily

**4. For EVKEEZA (evinacumab) or JUXTAPID (lomitapide):**

Is prescribed the requested medication by or in consultation with a cardiologist, endocrinologist, or other provider specializing in lipid disorders

Is using the requested medication in addition to other standard lipid-lowering treatments

**5. For ALL OTHER NON-PREFERRED Lipotropics, Other:**

Tried and failed or has a contraindication or an intolerance to the preferred Lipotropics, Other approved or medically accepted for the member's diagnosis (Refer to <https://papdl.com/preferred-drug-list> for a list of preferred and non-preferred drugs in this class.)

**PLEASE FAX COMPLETED FORM WITH REQUIRED CLINICAL DOCUMENTATION TO 844-205-3386**

Prescriber Signature:	Date:
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Pharmacy Department will respond via fax or phone within 24 hours.

Requests for prior authorization (PA) requests must include member name, ID#, and drug name. Please include lab reports with requests when appropriate (e.g., Culture and Sensitivity; Hemoglobin A1C; Serum Creatinine; CD4; Hematocrit; WBC, etc.)