

LIPOTROPICS, OTHER PRIOR AUTHORIZATION FORM (form effective 7/6/2026)

FAX this completed form to (844) 205-3386

OR Mail requests to: Pharmacy Department | 5 River Park Place East, Suite 210 | Fresno, CA 93720

OR Prior authorization may be completed at <https://www.covermymeds.com/main/prior-authorization-forms/>

Prior authorization guidelines **Lipotropics, Other** and **Quantity Limits/Daily Dose Limits** are available on the PA Health & Wellness website at <https://www.pahealthwellness.com/providers/pharmacy.html>.

☐ New request ☐ Renewal request		Total pages: _____		Prescriber name:	
Name of office contact:				Specialty:	
Contact's phone number:				NPI:	State license #:
LTC facility contact/phone:				Street address:	
Member name:				City/state/zip:	
Member ID#:		DOB:		Phone:	Fax:

CLINICAL INFORMATION

Drug requested:		Strength:	Dosage form:	
Dose/directions:			Quantity:	Refills:
Diagnosis (<u>submit documentation</u>):			Dx code (<u>required</u>):	

Complete all sections that apply to the member and this request.

Check all that apply and submit documentation for each item.

INITIAL requests

1. For treatment of ANY LIPID DISORDER:

☐ Has results of a lipid profile within the past 3 months

2. For a PCSK9 INHIBITOR (eg, Leqvio, Praluent, Repatha), NEXLETOL (bempedoic acid), or NEXLIZET (bempedoic acid/ezetimibe):

☐ Has at least ONE of the following **diagnoses**:

- ☐ A history of clinical atherosclerotic cardiovascular disease
- ☐ Familial hypercholesterolemia
- ☐ Severe hypercholesterolemia (baseline LDL-C $\geq$ 190 mg/dL)

☐ ONE of the following related to history of **statin** use:

- ☐ Failed to achieve goal non-HDL-C, LDL-C, percentage reduction of LDL-C, or apoB with maximally tolerated dose of a high-intensity statin (eg, atorvastatin, rosuvastatin) for at least 3 consecutive months
- ☐ Is unable to tolerate high-intensity statins AND:
 - ☐ Has a temporally related intolerance to a high-intensity statin
 - ☐ Tried and failed or has an intolerance to the lowest FDA-approved daily dose or alternate-day dosing of any statin for at least 3 months

- ☐ Modifiable comorbid conditions that may enhance statin intolerance were ruled out and/or addressed by the prescriber (eg, hypothyroidism, vitamin D deficiency, etc.)
- ☐ All possible drug interactions with statins were addressed (eg, dose decrease or discontinuation of the interacting drug, change to an alternative statin that has a lower incidence of drug interactions)
- ☐ Has a contraindication to statins
- ☐ ONE of the following related to history of **ezetimibe** use:
 - ☐ Failed to achieve goal LDL-C or percentage reduction of LDL-C with ezetimibe in combination with maximally tolerated dose of the highest-tolerated intensity statin (eg, atorvastatin, rosuvastatin) for at least 3 consecutive months
 - ☐ Has a contraindication or an intolerance to ezetimibe
 - ☐ **For a PCSK9 INHIBITOR**, has an LDL-C that is >25% above goal LDL-C while adherent to treatment with the maximally tolerated dose of the highest-tolerated intensity statin for at least 3 consecutive months
- ☐ ONE of the following:
 - ☐ For a diagnosis of homozygous familial hypercholesterolemia, is prescribed the requested drug in addition to other standard lipid-lowering therapies
 - ☐ For all other diagnoses, is prescribed the requested drug in addition to the maximally tolerated dose of the highest-tolerated intensity statin (if clinically appropriate)
- ☐ **For a NON-PREFERRED PCSK9 INHIBITOR:**
 - ☐ Tried and failed a preferred PCSK9 inhibitor or has a contraindication or an intolerance to the preferred PCSK9 inhibitors approved or medically accepted for the treatment of the member's diagnosis (Refer to <https://papdl.com/preferred-drug-list> for a list of preferred and non-preferred drugs in this class.)
- ☐ **For NEXLETOL (bempedoic acid) or NEXLIZET (bempedoic acid/ezetimibe):**
 - ☐ If currently taking simvastatin or pravastatin, will not be using Nexletol/Nexlizet concomitantly with simvastatin at a dose of >20 mg daily or pravastatin at a dose of >40 mg daily

3. For EVKEEZA (evinacumab) or JXTAPID (lomitapide):

- ☐ Is prescribed the requested medication by or in consultation with a cardiologist, endocrinologist, or other provider specializing in lipid disorders
- ☐ ONE of the following:
 - ☐ Tried and failed or has a contraindication or an intolerance to PCSK9 inhibitors
 - ☐ Has results of genetic testing that are positive for mutations associated with lack of response to PCSK9 inhibitors
- ☐ Is prescribed the requested medication in addition to other standard lipid-lowering therapies

4. For VASECPA (icosapent ethyl):

- ☐ ONE of the following:
 - ☐ Has a history of clinical atherosclerotic cardiovascular disease (ASCVD)
 - ☐ BOTH of the following:
 - ☐ Has diabetes mellitus
 - ☐ Has at least one additional ASCVD risk factor (check all that apply):

☐ age ≥50 years	☐ HDL-C ≤40 mg/dL for males or ≤50 mg/dL for females
☐ retinopathy	☐ current smoker or stopped smoking within 3 months
☐ micro- or macroalbuminuria	☐ hypertension or taking antihypertensive medication
☐ hs-CRP >3.0 mg/L	☐ CrCl >30 mL/min and <60 mL/min
☐ ABI <0.9	☐ other: _____
 - ☐ Tried and failed or has a contraindication or an intolerance to a preferred fibric acid derivative Lipotropics, Other approved or medically accepted for the treatment of the member's diagnosis (Refer to <https://papdl.com/preferred-drug-list> for a list of preferred and non-preferred drugs in this class.)
- ☐ Has fasting triglycerides ≥150 mg/dL
- ☐ ONE of the following:
 - ☐ Tried and failed maximally tolerated doses of a statin for at least 3 months

- ☐ Has a history of statin intolerance after modifiable risk factors have been addressed (eg, drug interactions, hypothyroidism, vitamin D deficiency, etc.)
- ☐ Has a contraindication to statins

5. For an APOC-III-DIRECTED Lipotropics, Other (eg, Redemplo, Tryngolza):

- ☐ Is prescribed the requested medication by or in consultation with a cardiologist, endocrinologist, gastroenterologist, or other provider specializing in lipid disorders
- ☐ For a diagnosis of **familial chylomicronemia syndrome (FCS)**, BOTH of the following:
- ☐ Untreated fasting triglycerides ≤ 880 mg/dL
 - ☐ ONE of the following:
 - ☐ Results of genetic testing showing biallelic pathogenic variations in FCS-causing genes
 - ☐ A North American FCS score ≥ 60 (i.e., definite FCS)
 - ☐ BOTH of the following:
 - ☐ A North American FCS score ≥ 45 and < 60 (i.e., likely FCS)
 - ☐ An FCS score (Moulin score) ≥ 10 (i.e., FCS very likely)
- ☐ For a diagnosis **other than FCS**:
- ☐ Has a diagnosis that is confirmed according to applicable consensus guidelines
 - ☐ Tried and failed or has a contraindication or intolerance to first-line therapy(ies) if applicable according to consensus treatment guidelines
- ☐ For **TRYNGOLZA (olezarsen)**:
- ☐ Tried and failed or has a contraindication or an intolerance to Redemplo (plogasiran) if Redemplo is approved or medically accepted for the member's diagnosis

6. For ALL OTHER NON-PREFERRED Lipotropics, Other:

- ☐ Tried and failed or has a contraindication or an intolerance to the preferred Lipotropics, Other approved or medically accepted for the member's diagnosis (Refer to <https://papdl.com/preferred-drug-list> for a list of preferred and non-preferred drugs in this class.)

RENEWAL requests

1. For ALL diagnoses:

- ☐ Experienced a positive clinical response demonstrated by lab test results, if appropriate for the diagnosis, since starting the requested medication (e.g., decreased LDL-C, decreased triglycerides, etc.)

2. For a PCSK9 INHIBITOR (eg, Leqvio, Praluent, Repatha):

- ☐ For a diagnosis of homozygous familial hypercholesterolemia, is using the requested PCSK9 inhibitor in addition to other standard lipid-lowering treatments
- ☐ For all other diagnoses, is using the requested PCSK9 inhibitor in addition to the maximally tolerated dose of the highest-tolerated intensity statin (if clinically appropriate)
- ☐ For a **NON-PREFERRED PCSK9 INHIBITOR**:
- ☐ Tried and failed a preferred PCSK9 inhibitor or has a contraindication or an intolerance to the preferred PCSK9 inhibitors approved or medically accepted for the treatment of the member's diagnosis (Refer to <https://papdl.com/preferred-drug-list> for a list of preferred and non-preferred drugs in this class.)

3. For NEXLETOL (bempedoic acid) or NEXLIZET (bempedoic acid/ezetimibe):

- ☐ Is using the requested medication in addition to the maximally tolerated dose of the highest-tolerated intensity statin (if clinically appropriate)
- ☐ If currently taking simvastatin or pravastatin, will not be using Nexletol/Nexlizet concomitantly with simvastatin at a dose of > 20 mg daily or pravastatin at a dose of > 40 mg daily

4. For EVKEEZA (evinacumab) or JXTAPID (lomitapide):

- ☐ Is prescribed the requested medication by or in consultation with a cardiologist, endocrinologist, or other provider specializing in lipid disorders
- ☐ Is using the requested medication in addition to other standard lipid-lowering treatments

5. For an APOC-III-DIRECTED Lipotropics, Other (eg, Redemplo, Tryngolza):

- ☐ Is prescribed the requested medication by or in consultation with a cardiologist, endocrinologist, gastroenterologist, or other provider specializing in lipid disorders
- ☐ For TRYNGOLZA (olezarsen):
- ☐ Tried and failed or has a contraindication or an intolerance to Redemplo (plozasiran) if Redemplo is approved or medically accepted for the member's diagnosis

6. For ALL OTHER NON-PREFERRED Lipotropics, Other:

- ☐ Tried and failed or has a contraindication or an intolerance to the preferred Lipotropics, Other approved or medically accepted for the member's diagnosis (Refer to <https://papdl.com/preferred-drug-list> for a list of preferred and non-preferred drugs in this class.)

PLEASE FAX COMPLETED FORM WITH REQUIRED CLINICAL DOCUMENTATION TO 844-205-3386

Prescriber Signature:

Date:

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Pharmacy Department will respond via fax or phone within 24 hours.

Requests for prior authorization (PA) requests must include member name, ID#, and drug name. Please include lab reports with requests when appropriate (e.g., Culture and Sensitivity; Hemoglobin A1C; Serum Creatinine; CD4; Hematocrit; WBC, etc.)