

## **Prior Authorization Review Panel**

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## **CHC-MCO Policy Submission**

A separate copy of this form must accompany each policy submitted for review. Policies submitted without this form will not be considered for review.

Plan: PA Health & Wellness	Submission Date: 05/01/2020			
Policy Number: PA.CP.PHAR.213	Effective Date: 01/2018 Revision Date: 01/2020			
Policy Name: Lumacaftor-Ivacaftor (Orkambi)	•			
Type of Submission – <u>Check all that apply</u> :				
<ul> <li>□ New Policy</li> <li>✓ Revised Policy*</li> <li>□ Annual Review - No Revisions</li> <li>□ Statewide PDL - Select this box when submitting policies when submitting policies for drug classes included on the Select this policies for drug classes included on the Select this box when submitting policies for drug classes included on the Select this policies for drug classes the policies for drug</li></ul>	•			
*All revisions to the policy <u>must</u> be highlighted using track changes throughout the document.				
Please provide any changes or clarifying information for the policy below:  1Q 2020 annual review: added the following criteria to initial approval: prescriber requirement of pulmonologist or cystic fibrosis specialist, requirement for baseline FEV1 unless unable to perform spirometry, requirement that Orkambi not be prescribed concurrently with other ivacaftor-containing CFTR modulator combination products; added the following to continued therapy criteria: not prescribed concurrently with other CFTR modulators; references reviewed and updated.				
Name of Authorized Individual (Please type or print):	Signature of Authorized Individual:			
Francis G. Grillo, MD	Francis Shym Still no			

# CLINICAL POLICY Lumacaftor-Ivacaftor (Orkambi)



# **Clinical Policy: Lumacaftor-Ivacaftor (Orkambi)**

Reference Number: PA.CP.PHAR.213

Effective Date: 01/18 Last Review Date: 01/2020 Coding Implications
Revision Log

#### **Description**

Lumacaftor/ivacaftor (Orkambi<sup>®</sup>) is a combination drug for cystic fibrosis (CF). Lumacaftor improves the conformational stability of F508del-cystic fibrosis transmembrane conductance regulator (CFTR), while ivacaftor is a CFTR potentiator.

#### FDA Approved Indication(s)

Orkambi is indicated for the treatment of CF in patients age 2 years and older who are homozygous for the F508del mutation in the CFTR gene.

If the patient's genotype is unknown, an FDA-cleared CF mutation test should be used to detect the presence of the F508del mutation on both alleles of the CFTR gene.

Limitation(s) of use: The efficacy and safety of Orkambi have not been established in patients with CF other than those homozygous for the F508del mutation.

#### Policy/Criteria

It is the policy of Pennsylvania Health and Wellness that Orkambi is **medically necessary** when the following criteria are met:

#### I. Initial Approval Criteria

- A. Cystic Fibrosis (must meet all):
  - 1. Diagnosis of cystic fibrosis (CF);
  - 2. Member is homozygous for the *F508del* mutation in the *CFTR* gene;
  - 3. Age  $\geq 2$  years;
  - 4. Prescribed by or in consultation with a pulmonologist or cystic fibrosis specialist;
  - 5. Documentation indicates member has baseline forced expiratory volume in 1 second (FEV1), unless member is unable to perform spirometry testing;
  - 6. Orkambi is not prescribed concurrently with other ivacaftor-containing CFTR modulator combination products (e.g., Kalydeco, Symdeko, Trikafta);
  - 7. Dose does not exceed one of the following (a, b, c, or d):
    - a. Age 2 to 5 years weighing < 14 kg: lumacaftor 200 mg/ivacaftor 250 mg per day (2 packets per day);
    - b. Age 2 to 5 years weighing ≥ 14 kg: lumacaftor 300 mg/ivacaftor 376 mg per day (2 packets per day);
    - c. Age 6 to 11 years: lumacaftor 400 mg/ivacaftor 500 mg per day (4 tablets per day);
    - d. Age  $\geq$  12 years: lumacaftor 800 mg/ivacaftor 500 mg per day (4 tablets per day).

#### **Approval duration: 6 months**

#### **B. Other diagnoses/indications:** Refer to PA.CP.PMN.53

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#### **II. Continued Approval**

#### A. Cystic Fibrosis (must meet all):

- 1. Currently, receiving medication via Pennsylvania Health and Wellness benefit or member has previously met all initial approval criteria; or the Continuity of Care policy (PA.LTSS.PHAR.01) applies;
- 2. Member is responding positively to therapy OR the member continues to benefit from therapy based on the prescriber's assessment;
- 3. Orkambi is not prescribed concurrently with other ivacaftor-containing CFTR modulator combination products (e.g., Kalydeco, Symdeko, Trikafta);
- 4. If request is for a dose increase, new dose does not exceed one of the following (a, b, c, or d):
  - a. Age 2 to 5 years weighing < 14 kg: lumacaftor 200 mg/ivacaftor 250 mg per day (2 packets per day);
  - b. Age 2 to 5 years weighing ≥ 14 kg: lumacaftor 300 mg/ivacaftor 376 mg per day (2 packets per day);
  - c. Age 6 to 11 years: lumacaftor 400 mg/ivacaftor 500 mg per day (4 tablets per day);
  - d. Age  $\geq$  12 years: lumacaftor 800 mg/ivacaftor 500 mg per day (4 tablets per day).

#### **Approval duration: 12 months**

#### **B.** Other diagnoses/indications (1 or 2):

1. Currently, receiving medication via Pennsylvania Health and Wellness benefit and documentation supports positive response to therapy; or the Continuity of Care policy (PA.LTSS.PHAR.01) applies.

Approval duration: Duration of request or 6 months (whichever is less); or

2. Refer to PA.CP.PMN.53

#### III. Appendices/General Information

Appendix A: Abbreviation/Acronym Key
CF: cystic fibrosis
CFTR: cystic fibrosis transmembrane
conductance regulator

FDA: Food and Drug Administration ppFEV1: percent predicted forced expiratory volume in 1 second

Appendix B: Therapeutic Alternatives
Not applicable

Appendix C: Contraindications/Boxed Warnings None reported

#### Appendix D: General Information

• Most children can do spirometry by age 6, though some preschoolers are able to perform the test at a younger age. Some young children aren't able to take a deep enough breath and blow out hard and long enough for spirometry. Forced oscillometry is another way to

### CLINICAL POLICY Lumacaftor-Ivacaftor



test lung function in young children. This test measures how easily air flows in the lungs (resistance and compliance) with the use of a machine.

IV. Dosage and Administration

Indication	Dosing Regimen	Maximum Dose
CF	Adults and pediatric patients age 12 years and older: two tablets (each containing lumacaftor 200 mg/ivacaftor 125 mg) PO Q12H	Adults and pediatric patients age 12 years and older: lumacaftor 800 mg/ivacaftor 500 mg per day
	Pediatric patients age 6 through 11 years: two tablets (each containing lumacaftor 100 mg/ivacaftor 125 mg) PO Q12H	Pediatric patients age 6 through 11 years: lumacaftor 400 mg/ivacaftor 500 mg per day
	Pediatric patients age 2 through 5 years and weighing < 14 kg: one packet of granules (each containing lumacaftor 100 mg/ivacaftor 125 mg) PO Q12H	Pediatric patients age 2 through 5: <14 kg - lumacaftor 200 mg/ivacaftor 250 mg per
	Pediatric patients age 2 through 5 years and weighing ≥ 14 kg: one packet of granules (each containing lumacaftor 150 mg/ivacaftor 188 mg) PO Q12H	day ≥ 14 kg - lumacaftor 300 mg/ivacaftor 376 mg per day

#### V. Product Availability

- Tablets: lumacaftor 100 mg and ivacaftor 125 mg, lumacaftor 200 mg and ivacaftor 125 mg
- Oral granules: lumacaftor 100 mg and ivacaftor 125 mg, lumacaftor 150 mg and ivacaftor 188 mg

#### VI. References

- 1. Orkambi Prescribing Information. Boston, MA: Vertex Pharmaceuticals, Inc.; July 2019. Available at http://www.orkambi.com. Accessed October 28, 2019.
- 2. Mogayzel PJ, Naureckas ET, Robinson KA, et al. Cystic fibrosis pulmonary guidelines: Chronic medications for maintenance of lung health. Am J Respir Crit Care Med. 2013; 187(7): 680-689.
- 3. Farrell PM, White TB, Ren CL et al. Diagnosis of cystic fibrosis: Consensus guidelines from the Cystic Fibrosis Foundation. J Pediatr. 2017; 181S: S4-15.
- 4. Ren CL, Morgan RL, Oermann C, et al. Cystic Fibrosis Foundation pulmonary guidelines: Use of cystic fibrosis transmembrane conductance regulator modulator therapy in patients with cystic fibrosis. Ann Am Thorac Soc. 2018; 15(3): 271-280.

Reviews, Revisions, and Approvals	Date	Approv al Date
References reviewed and updated.	02/18	

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Reviews, Revisions, and Approvals	Date	Approv
		al Date
1Q 2019 annual review: updated age limit with corresponding dosing for	01/19	
pediatric patients down to 2 years of age per updated prescribing		
information; references reviewed and updated.		
1Q 2020 annual review: added the following criteria to initial approval:	01/2020	
prescriber requirement of pulmonologist or cystic fibrosis specialist,		
requirement for baseline FEV1 unless unable to perform spirometry,		
requirement that Orkambi not be prescribed concurrently with other		
ivacaftor-containing CFTR modulator combination products; added the		
following to continued therapy criteria: not prescribed concurrently with		
other CFTR modulators; references reviewed and updated.		