

CHC-MCO Policy Submission

A separate copy of this form must accompany each policy submitted for review. Policies submitted without this form will not be considered for review.

Plan: PA Health & Wellness	Submission Date: 05/01/2020			
Policy Number: PA.CP.PMN.86	Effective Date: 04/2019			
Policy Name: Oxymetazoline (Rhofade)	Revision Date: 01/15/2020			
Type of Submission – <u>Check all that apply</u> :				
 □ New Policy ✓ Revised Policy* 				
□ Annual Review - No Revisions				
Statewide PDL - Select this box when submitting policies for Statewide PDL implementation and when submitting policies for drug classes included on the Statewide PDL.				
*All revisions to the policy <u>must</u> be highlighted using track changes throughout the document.				
Please provide any changes or clarifying information for the policy below:				
2Q 2020 annual review: references reviewed and updated				
Name of Authorized Individual (Please type or print):	Signature of Authorized Individual:			
Francis G. Grillo, MD	Francis Sugar Sill M.D			

CLINICAL POLICY Oxymetazoline Clinical Policy: Oxymetazoline (Rhofade)



Revision Log

Reference Number: PA.CP.PMN.86 Effective Date: 4.17.19 Last Review Date: 04/2020

Description

Oxymetazoline (RhofadeTM) is a topical alpha-1a adrenoreceptor agonist.

FDA Approved Indication(s)

Rhofade is indicated for the topical treatment of persistent facial erythema associated with rosacea in adults.

Policy/Criteria

Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.

It is the policy of health plans affiliated with PA Health & Wellness[®] that Rhofade is **medically necessary** when the following criteria are met:

I. Initial Approval Criteria

- A. Facial Erythema Associated with Rosacea (must meet all):
 - 1. Diagnosis of persistent facial erythema associated with rosacea;
 - 2. Age \geq 18 years;
 - 3. If papules or pustules are present, a failure of or concomitant treatment with any of the following agents, unless clinically significant adverse effects are experienced or all are contraindicated: topical metronidazole, oral doxycycline or Finacea;
 - 4. Dose does not exceed 30 mg (1 tube) per month.

Approval duration: 12 Months

B. Other diagnoses/indications:

1. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): PA.CP.PMN.53 for Medicaid.

II. Continued Therapy

A. Facial Erythema Associated with Rosacea (must meet all):

- 1. Currently receiving medication via PA Health & Wellness benefit and documentation supports positive response to therapy or the Continuity of Care policy (PA.LTSS.PHAR.01) applies;
- 2. Member is responding positively to therapy;
- 3. If request is for a dose increase, new dose does not exceed 30 mg (1 tube) per month.

Approval duration: 12 months

B. Other diagnoses/indications (must meet 1 or 2):

1. Currently receiving medication via PA Health & Wellness benefit and documentation supports positive response to therapy or the Continuity of Care policy (PA.LTSS.PHAR.01) applies.

Approval duration: Duration of request or 12 months (whichever is less); or

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2. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): PA.CP.PMN.53 for Medicaid.

III. Diagnoses/Indications for which coverage is NOT authorized:

A. Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policy – PA.CP.PMN.53 for Medicaid or evidence of coverage documents.

IV. Appendices/General Information

Appendix A: Abbreviation/Acronym Key FDA: Food and Drug Administration

Appendix B: Therapeutic Alternatives

This table provides a listing of preferred alternative therapy recommended in the approval criteria. The drugs listed here may not be a formulary agent for all relevant lines of business and may require prior authorization.

Drug Name	Dosing Regimen	Dose Limit/ Maximum Dose
metronidazole (Metrocream [®] 0.75%, Metrogel [®] 1%, Metrolotion [®] 0.75%)	Apply thin film topically to affected area QD for 1% and BID for 0.75%	No maximum dosage information is available.
Finacea [®] (15% gel) (azelaic acid)	Apply in a thin film topically to the affected area BID Reassess if no improvement in 12 weeks.	No maximum dosage information is available.
doxycycline (Oracea)®	Lesions (papules and pustules): 40 mg PO once daily in the morning (1 hour before or 2 hours after a meal)	300 mg/day; 40 mg/day for Oracea

Therapeutic alternatives are listed as Brand name[®] (generic) when the drug is available by brand name only and generic (Brand name[®]) when the drug is available by both brand and generic.

Appendix C: Contraindications/Boxed Warnings

• None reported

Appending D: General Information

• Tetracycline agents, including doxycycline and minocycline exhibit anti-inflammatory activities at doses < 50 mg. Anti-inflammatory dose doxycycline does not exert antibiotic selection pressure and thus does not induce antibiotic resistance; its mechanism of action in rosacea appears to relate to the anti-inflammatory and biological activities of doxycycline.

V. Dosage and Administration



Indication	Dosing Regimen	Maximum Dose
Facial erythema	Apply a pea-size amount topically QD to each	One
associated with	of the five areas of the face (forehead, chin,	application/day
rosacea	nose, each cheek) avoiding the eyes and lips.	

VI. Product Availability

Cream (30 gm tube): 1%

VII. References

- 1. Rhofade Prescribing Information. Irvine, CA: Allergan; January 2017. Available at: www.rhofade.com. Accessed Accessed February 7, 2020.
- 2. Micromedex[®] Healthcare Series [database online]. Greenwood Village, Colorado: Thomson Healthcare. Updated periodically. Accessed February 7, 2020.
- 3. Clinical Pharmacology [database online]. Tampa, FL: Gold Standard, Inc.; 2016. Available at: http://www.clinicalpharmacology-ip.com. Accessed February 7, 2020.
- 4. National Rosacea Society. Rosacea treatment algorithms. Available at: <u>https://www.rosacea.org/physicians/treatmentalgorithms</u>. Accessed February 7, 2020.
- Schaller M, et al. Rosacea treatment update: Recommendations from the global ROSacea Consensus (ROSCO) panel. Br J Dermatol 2016. Epub ahead of print. doi: 10.1111/bjd.15173.
- 6. Schaller M, Almeida LMC, Bewley A, et al. Recommendations for rosacea diagnosis, classification and management: update from the global ROSacea COnsensus 2019 (ROSCO) panel. Br J Dermatol 2019. Epub ahead of print. doi: 10.1111/bjd.18420.

Reviews, Revisions, and Approvals	Date	P&T Approval Date
Policy created	04.17.19	
2Q 2020 annual review: references reviewed and updated	04/2020	