

## **Prior Authorization Review Panel**

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## **CHC-MCO** Policy Submission

A separate copy of this form must accompany each policy submitted for review. Policies submitted without this form will not be considered for review.

Plan: PA Health & Wellness	Submission Date: 08/01/2021			
Policy Number: PA.CP.PHAR.95	Effective Date: 01/2020 Revision Date: 07/2021			
Policy Name: Thyrotropin alfa (Thyrogen)				
Type of Submission – <u>Check all that apply</u> :				
<ul> <li>□ New Policy</li> <li>✓ Revised Policy*</li> <li>□ Annual Review - No Revisions</li> <li>□ Statewide PDL - Select this box when submitting policies for drug classes included on the Second secon</li></ul>				
*All revisions to the policy <u>must</u> be highlighted using track changes throughout the document.				
Please provide any changes or clarifying information for the policy below:				
3Q 2021 annual review: no significant changes; references reviewed and updated.				
Name of Authorized Individual (Please type or print):	Signature of Authorized Individual:			
Venkateswara R. Davuluri, MD	- R. Baulum			



# **Clinical Policy: Thyrotropin alfa (Thyrogen)**

Reference Number: PA.CP.PHAR.95 Effective Date: 01/2018 Last Review Date: 07/2021

**Revision Log** 

## Description

Thyrotropin alfa (Thyrogen<sup>®</sup>) is a recombinant human thyroid stimulating hormone (TSH).

## FDA Approved Indication(s)

Thyrogen is indicated for:

- Diagnostic: Use as an adjunctive diagnostic tool for serum thyroglobulin (Tg) testing with or without radioiodine imaging in the follow-up of patients with well-differentiated thyroid cancer who have previously undergone thyroidectomy.
- Ablation: Use as an adjunctive treatment for radioiodine ablation of thyroid tissue remnants in patients who have undergone a near-total or total thyroidectomy for well-differentiated thyroid cancer and who do not have evidence of distant metastatic thyroid cancer.

### Limitation(s) of use:

- Diagnostic:
  - Thyrogen-stimulated Tg levels are generally lower than, and do not correlate with, Tg levels after thyroid hormone withdrawal.
  - Even when Thyrogen-stimulated Tg testing is performed in combination with radioiodine imaging, there remains a risk of missing a diagnosis of thyroid cancer or of underestimating the extent of disease.
  - Anti-Tg antibodies may confound the Tg assay and render Tg levels uninterpretable.
- Ablation: The effect of Thyrogen on thyroid cancer recurrence greater than 5 years postremnant ablation has not been evaluated.

### **Policy/Criteria**

It is the policy of of Pennsylvania Health and Wellness that thyrotropin alfa (Thyrogen) is **medically necessary** when the following criteria are met:

### I. Initial Approval Criteria

- A. Thyroid Cancer (must meet all):
  - 1. Diagnosis of well-differentiated thyroid cancer;
  - 2. Age  $\geq$  18 years;
  - 3. Thyrogen will be used for one of the following (a or b):
    - a. Adjunctive treatment for radioiodine ablation of thyroid tissue remnants and both of the following are met (i and ii):
      - i. Member has undergone a near-total or total thyroidectomy;
      - ii. There is no evidence of distant metastatic thyroid cancer;
    - b. Adjunctive diagnostic tool for serum Tg testing in members who have previously undergone thyroidectomy;

# **CLINICAL POLICY**



# Thyrotropin alfa

- a. Adjunctive diagnostic tool for serum thyroglobulin (Tg) testing in members who have previously undergone thyroidectomy;
- 4. Prescribed dose of Thyrogen does not exceed an initial 0.9 mg intramuscular (IM) injection followed by a second 0.9 mg IM injection 24 hours later.

# **Approval duration: 6 months (2 injections)**

B. Other diagnoses/indications: Refer to PA.CP.PMN.53

## **II.** Continued Approval

- A. Thyroid Cancer (must meet all):
  - 1. Currently receiving medication via of Pennsylvania Health and Wellness benefit and documentation supports positive response to therapy or the Continuity of Care policy (PA.LTSS.PHAR.01) applies;
  - 2. Member is responding positively to therapy;
  - 3. Thyrogen will be used as an adjunctive diagnostic tool for serum Tg testing;
  - 4. If request is for a dose increase, new dose does not exceed an initial 0.9 mg IM injection followed by a second 0.9 mg IM injection 24 hours later.

## Approval duration: 6 months (2 injections)

- **B.** Other diagnoses/indications (must meet 1 or 2):
  - 1. Currently receiving medication via of Pennsylvania Health and Wellness benefit and documentation supports positive response to therapy or the Continuity of Care policy (PA.LTSS.PHAR.01) applies; or
  - 2. Refer to PA.CP.PMN.53

## **III.** Appendices

Appendix A: Abbreviation/Acronym Key FDA: Food and Drug Administration IM: intramuscular TSH: thyroid stimulating hormone

Tg: thyroglobulin T3: triiodothyronine T4: thyroxine

Appendix B: Therapeutic Alternatives Not applicable

Appendix C: Contraindications/Boxed Warnings

- Contraindication(s): If Thyrogen is administered with radioiodine, the contraindications to radioiodine also apply to this combination regimen.
- Boxed warning(s): none reported.

## **IV. Dosage and Administration**

Indication	Dosing Regimen	Maximum Dose
Adjunctive diagnostic tool for serum	0.9 mg IM injection to the	See regimen
thyroglobulin testing in well	buttock followed by a	
differentiated thyroid cancer		

# **CLINICAL POLICY**

# Thyrotropin alfa



Adjunct to treatment for ablation in wellsecond 0.9 mg IM injectiondifferentiated thyroid cancerto the buttock 24 hours later

## V. Product Availability

Lyophilized powder for reconstitution: 0.9 mg

## **VI. References**

1. Thyrogen Prescribing Information. Cambridge, MA: Genzyme Corporation; March 2020. Available at: <u>https://thyrogen.com</u>/. Accessed May 4, 2021.

## **Coding Implications**

Codes referenced in this clinical policy are for informational purposes only. Inclusion or exclusion of any codes does not guarantee coverage. Providers should reference the most up-todate sources of professional coding guidance prior to the submission of claims for reimbursement of covered services.

HCPCS Codes	Description
J3240	Injection, thyrotropin alpha, 0.9 mg, provided in 1.1 mg vial

Reviews, Revisions, and Approvals	Date	Approval Date
References reviewed and updated.	04.18	
3Q 2019 annual review: No changes per Statewide PDL implementation 01-01-2020	07/17/19	
3Q 2020 annual review: added age limit; references reviewed and updated.	07/2020	
3Q 2021 annual review: no significant changes; references reviewed and updated.	07/2021	