

Clinical Policy: Dry Eye Treatments

Reference Number: PHW.PDL.086

Effective Date: 01/01/2020

Last Review Date: 11/2025

Policy/Criteria

Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.

It is the policy of PA Health & Wellness® that Dry Eye Treatments are **medically necessary** when the following criteria are met:

I. Requirements for Prior Authorization of Dry Eye Treatments

A. Prescriptions That Require Prior Authorization

Prescriptions for Dry Eye Treatments that meet any of the following conditions must be prior authorized.

1. A non-preferred Dry Eye Treatments.
2. A Dry Eye Treatments with a prescribed quantity that exceeds the quantity limit.

B. Review of Documentation for Medical Necessity

In evaluating a request for prior authorization of a prescription for a Dry Eye Treatments, the determination of whether the requested prescription is medically necessary will take into account the whether the member:

1. For a non-preferred Dry Eye Treatment has a history of therapeutic failure of or a contraindication or an intolerance to the preferred Dry Eye Treatments approved or medically accepted for the member's diagnosis and anticipated duration of treatment;
2. If a prescription for a Dry Eye Treatments is for a quantity that exceeds the quantity limit, the determination of whether the prescription is medically necessary will also take into account the guidelines set forth in PA.CP.PMN.59 Quantity Limit Override.

NOTE: If the member does not meet the clinical review guidelines listed above but, in the professional judgment of the physician reviewer, the services are medically necessary to meet the medical needs of the member, the request for prior authorization will be approved.

C. Clinical Review Process

Prior authorization personnel will review the request for prior authorization and apply the clinical guidelines in Section B. above to assess the medical necessity of a prescription for a Dry Eye Treatments. If the guidelines in Section B. are met, the reviewer will prior authorize the prescription. If the guidelines are not met, the prior authorization request will be referred to a physician reviewer for a medical necessity determination. Such a request for prior authorization will be approved when, in the professional judgment of the physician reviewer, the services are medically necessary to meet the medical needs of the member.

D. Approval Duration: 12 months

Reviews, Revisions, and Approvals	Date
Policy created	01/01/2020
Q3 2020 annual review: no changes.	07/2020
Q1 2021 annual review: no changes.	01/2021
Q1 2023: policy revised according to DHS revisions effective 01/09/2023.	10/2022
Q1 2024 annual review: no changes.	11/2023
Q1 2025 annual review: no changes.	11/2024
Q1 2026: policy revised according to DHS revisions effective 01/05/2026.	11/2025