

Clinical Policy: Fezolinetant (Veozah)

Reference Number: PA.CP.PMN.289

Effective Date: 08/2023

Last Review Date: 07/2023

Description

Fezolinetant (Veozah™) is a neurokinin 3 (NK3) receptor antagonist.

FDA Approved Indication(s)

Veozah is indicated for the treatment of moderate to severe vasomotor symptoms due to menopause.

Policy/Criteria

Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.

It is the policy of PA Health & Wellness® that Veozah is **medically necessary** when the following criteria are met:

I. Initial Approval Criteria

A. Vasomotor Symptoms (must meet all):

1. Diagnosis of vasomotor symptoms associated with menopause;
2. Age \geq 18 years;
3. Failure of hormonal therapy products (not contraceptives, see Appendix B), unless contraindicated or clinically significant adverse effects are experienced;
4. Dose does not exceed 45 mg per day (1 tablet per day).

Approval duration: 12 months

B. Other diagnoses/indications

1. Refer to the off-label use policy if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): PA.CP.PMN.53

II. Continued Therapy

A. Diagnosis (must meet all):

1. Currently receiving medication via PA Health & Wellness benefit and documentation supports positive response to therapy or the Continuity of Care policy (PA.LTSS.PHAR.01) applies;
2. Member is responding positively to therapy as evidenced (e.g., vasomotor symptom reduction);
3. If request is for a dose increase, new dose does not exceed 45 mg per day (1 tablet per day).

Approval duration: 12 months

B. Other diagnoses/indications (must meet 1 or 2):

1. Currently receiving medication via PA Health & Wellness benefit and documentation supports positive response to therapy or the Continuity of Care policy (PA.LTSS.PHAR.01) applies.
Approval duration: Duration of request or 12 months (whichever is less); or
2. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): PA.CP.PMN.53

III. Diagnoses/Indications for which coverage is NOT authorized:

- A. Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policies – PA.CP.PMN.53

IV. Appendices/General Information

Appendix A: Abbreviation/Acronym Key

FDA: Food and Drug Administration

NK3: neurokinin 3

Appendix B: Therapeutic Alternatives

This table provides a listing of preferred alternative therapy recommended in the approval criteria. The drugs listed here may not be a formulary agent for all relevant lines of business and may require prior authorization.

| Drug Name | Dosing Regimen | Dose Limit/ Maximum Dose |
|---|--|-----------------------------|
| Estrogen Products | | |
| estradiol (Alora®, Climara®, Divigel®, Elestrin®, Estrace®, EstroGel®, Evamist®, Menostar®, Minivelle™, Vivelle Dot™) | Varies by formulation | Varies |
| estropipate | 0.75 mg PO QD; may titrate if needed (range: 0.75 to 6 mg/day) | 6 mg/day |
| Menest® (esterified estrogens) | 0.3 to 1.25 mg PO QD | 1.25 mg/day |
| Premarin® (conjugated estrogens) | 0.3 mg PO QD; may titrate if needed | 1.25 mg/day |
| Premphase®, Prempro® (conjugated estrogens/medroxyprogesterone) | 1 tablet PO QD | 1 tablet/day |

Therapeutic alternatives are listed as Brand name® (generic) when the drug is available by brand name only and generic (Brand name®) when the drug is available by both brand and generic.

Appendix C: Contraindications/Boxed Warnings

- Contraindication(s): known cirrhosis; severe renal impairment or end-stage renal disease; concomitant use with CYP1A2 inhibitors
- Boxed warning(s): none reported

V. Dosage and Administration

| Indication | Dosing Regimen | Maximum Dose |
|--------------------|----------------|--------------|
| Vasomotor symptoms | 1 tablet PO QD | 1 tablet/day |

VI. Product Availability

Tablet: 45 mg

VII. References

1. Veozah Prescribing Information. Northbrook, IL: Astellas Pharma US, Inc; May 2023. Available at: <https://www.veozah.com>. Accessed May 26, 2023.
2. Stuenkel CA, Davis SR, Gompel A, et al. Treatment of the symptoms of the menopause: an Endocrine Society clinical practice guideline. J Clin Endocrinol Metab. 2015; 100(11): 39754011.
3. Micromedex® Healthcare Series [Internet database]. Greenwood Village, Colo: Thomson Healthcare. Updated periodically. Accessed May 26, 2023.
4. ClinicalTrials.gov. A study of fezolinetant to treat hot flashes in women going through menopause (Daylight). Available at: <https://clinicaltrials.gov/ct2/show/NCT05033886>. Accessed May 26, 2023.

| Reviews, Revisions, and Approvals | Date | P&T Approval Date |
|-----------------------------------|---------|-------------------|
| Policy created | 07/2023 | |