

## Clinical Policy: Histamine 2 (H2) Receptor Blockers

Reference Number: PHW.PDL.044

Effective Date: 01/01/2020

Last Review Date: 11/2025

### Policy/Criteria

*Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.*

It is the policy of PA Health & Wellness® that Histamine 2 (H2) Receptor Blockers are **medically necessary** when the following criteria are met:

### I. Requirements for Prior Authorization of Histamine 2 (H2) Receptor Blockers

#### A. Prescriptions That Require Prior Authorization

Prescriptions for H2 Receptor Blockers that meet any of the following conditions must be prior authorized:

1. A non-preferred H2 Receptor Blocker.
2. An H2 Receptor Blocker with a prescribed quantity that exceeds the quantity limit.

#### B. Review of Documentation for Medical Necessity

In evaluating a request for prior authorization of a prescription for an H2 Receptor Blocker, the determination of whether the requested prescription is medically necessary will take into account the whether the member:

1. For a non-preferred H2 Receptor Blocker, has a history of therapeutic failure, contraindication, or intolerance to the preferred H2 Receptor Blockers; **AND**
2. If a prescription for an H2 Receptor Blocker is for a quantity that exceeds the quantity limit, the determination of whether the prescription is medically necessary will also take into account the guidelines set forth in PA.CP.PMN.59 Quantity Limit Override.

NOTE: If the member does not meet the clinical review guidelines listed above but, in the professional judgment of the physician reviewer, the services are medically necessary to meet the medical needs of the member, the request for prior authorization will be approved.

#### C. Clinical Review Process

Prior authorization personnel will review the request for prior authorization and apply the clinical guidelines in Section B. above to assess the medical necessity of a prescription for an H2 Receptor Blocker. If the guidelines in Section B. are met, the reviewer will prior authorize the prescription. If the guidelines are not met, the prior authorization request will be referred to a physician reviewer for a medical necessity determination. Such a request for prior authorization will be approved when, in the professional judgment of the physician reviewer, the services are medically necessary to meet the medical needs of the member.

D. **Approval Duration:** 12 months

| Reviews, Revisions, and Approvals  | Date       |
|------------------------------------|------------|
| Policy created                     | 01/01/2020 |
| Q3 2020 annual review: no changes. | 07/2020    |
| Q1 2021 annual review: no changes. | 01/2021    |
| Q1 2022 annual review: no changes. | 11/2021    |
| Q1 2023 annual review: no changes. | 11/2022    |
| Q1 2024 annual review: no changes. | 11/2023    |
| Q1 2025 annual review: no changes. | 11/2024    |
| Q1 2026 annual review: no changes. | 11/2025    |