

# Clinical Policy: Omalizumab (Xolair)

Reference Number: PA.CP.PHAR.01

Effective Date: 01/18 Last Review Date: 07/17 Coding Implications
Revision Log

#### **Description**

The intent of the criteria is to ensure that patients follow selection elements established by Pennsylvania Health and Wellness<sup>®</sup> clinical policy for omalizumab (Xolair<sup>®</sup>).

#### Policy/Criteria

It is the policy of health plans affiliated with Pennsylvania Health and Wellness that omalizumab is **medically necessary** when one of the following criteria are met:

#### I. Initial Approval Criteria

- **A. Moderate to Severe Persistent Asthma** (must meet all):
  - 1. Prescribed by or in consultation with an allergist or pulmonologist;
  - 2. Age  $\geq$  6 years;
  - 3. Diagnosis of moderate to severe persistent asthma;
  - 4. Member has experienced ≥ 2 exacerbations requiring oral/systemic corticosteroid treatment, urgent care visit or hospital admission within the last 12 months despite adherent use of controller therapy (i.e., high dose inhaled corticosteroid [ICS] plus either a long acting beta-2 agonist [LABA] or leukotriene modifier [LTRA] if LABA contraindicated/intolerance);
  - 5. Positive immunoassay or skin test to perennial aeroallergen identified to be an asthma trigger:
  - 6. Immunoglobulin E (IgE) level  $\geq 30 \text{ IU/mL}$ ;
  - 7. If current smoking history, engaged in smoking cessation effort;
  - 8. Xolair is prescribed concomitantly with an ICS plus either an LABA or LTRA;
  - 9. Prescribed dose does not exceed 375 mg administered every 2 weeks (a and b):
    - a. Dose is based on pre-treatment IgE level, weight, and age per Appendix B or C;
    - b. Per manufacturer, dose adjustment following Appendix B or C is recommended for significant changes in body weight during treatment.

#### **Approval duration: 6 months**

#### **B.** Chronic Idiopathic Urticaria (must meet all):

- 1. Age  $\geq$  12 years;
- 2. Prescribed by or in consultation with a dermatologist or allergist;
- 3. Diagnosis of chronic idiopathic urticaria (CIU);
- 4. Failure of both of the following unless contraindication/intolerance (a and b):
  - a. Two antihistamines (including one second generation antihistamine e.g., cetirizine, levocetirizine, fexofenadine, loratadine, desloratadine, ranitidine, famotidine, cimetidine) at maximum indicated doses for  $\geq 4$  weeks;
  - b. An LTRA with an antihistamine at maximum indicated doses for  $\geq 4$  weeks;
- 5. Prescribed dose does not exceed 300 mg every 4 weeks.

#### **Approval duration: 6 months**



**C. Other diagnoses/indications:** Refer to PA.CP.PHAR.57 - Global Biopharm Policy.

#### **II. Continued Approval**

#### A. Moderate to Severe Persistent Asthma (must meet all):

- 1. Currently receiving medication via Pennsylvania Health and Wellness benefit or member has previously met all initial approval criteria or the Continuity of Care policy (PA.LTSS.PHAR.01) applies;
- 2. Demonstrated adherence to asthma controller therapy that includes an ICS plus either a LABA or LTRA;
- 3. Member is responding positively to therapy as evidenced by reduction in exacerbations or corticosteroid dose, or improvement in FEV<sub>1</sub> since baseline;
- 4. Prescribed dose does not exceed 375 mg administered every 2 weeks (a and b):
  - a. Dose is based upon pre-treatment IgE level, weight, and age per Appendix B or C;
  - b. Per manufacturer, dose adjustment following Appendix B or C is recommended for significant changes in body weight during treatment.

#### **Approval duration: 12 months**

#### **B.** Chronic Idiopathic Urticaria (must meet all):

- 1. Currently receiving medication via Pennsylvania Health and Wellness benefit or member has previously met all initial approval criteria or the Continuity of Care policy (PA.LTSS.PHAR.01) applies;
- 2. Documentation supports positive response to therapy;
- 3. Prescribed dose does not exceed 300 mg every 4 weeks.

#### **Approval duration: 12 months**

#### **C.** Other diagnoses/indications (1 or 2):

1. Currently receiving medication via Pennsylvania Health and Wellness benefit and documentation supports positive response to therapy or the Continuity of Care policy (PA.LTSS.PHAR.01) applies.

Approval duration: Duration of request or 6 months (whichever is less); or

2. Refer to PA.CP.PHAR.57 - Global Biopharm Policy.

#### **Background**

Description/Mechanism of Action:

Xolair is a recombinant DNA-derived humanized  $IgG1\kappa$  monoclonal antibody that selectively binds to human IgE.

Asthma: Omalizumab inhibits the binding of IgE to the high-affinity IgE receptor (FceRI) on the surface of mast cells and basophils. Reduction in surface-bound IgE on FceRI-bearing cells limits the degree of release of mediators of the allergic response. Treatment with Xolair also reduces the number of FceRI receptors on basophils in atopic patients.

## CLINICAL POLICY Omalizumab



Chronic idiopathic urticaria: Omalizumab binds to IgE and lowers free IgE levels. Subsequently, IgE receptors (FceRI) on cells down-regulate. The mechanism by which these effects of omalizumab result in an improvement of CIU symptoms is unknown.

#### Formulations:

Xolair: Reconstituted preservative free solution for subcutaneous administration: 150 mg (single-use vial).

#### FDA Approved Indications:

Xolair is a monoclonal antibody/subcutaneous injection indicated for:

- Moderate to severe persistent asthma
  - Patients ≥ 6 years of age with moderate to severe persistent asthma who have a positive skin test or in vitro reactivity to a perennial aeroallergen and whose symptoms are inadequately controlled with inhaled corticosteroids.

#### Limitations of use:

- Xolair is not indicated for the relief of acute bronchospasm or status asthmaticus;
- o Xolair is not indicated for treatment of other allergic conditions;
- Chronic idiopathic urticaria
  - o The treatment of adults and adolescents (≥ 12 years of age) with chronic idiopathic urticaria who remain symptomatic despite H1 antihistamine treatment.

#### Limitations of use:

O Xolair is not indicated for treatment of other forms of urticaria.

#### **Appendices**

Appendix A: Abbreviation Key
CIU: chronic idiopathic urticaria
FceRI: high-affinity IgE receptor
FEV: forced expiratory volume
ICS: inhaled corticosteroids

IgG: immunoglobulin G LABA: long acting beta-2 agonist LTRA: leukotriene modifier

IgE: immunoglobulin E

Appendix B: Age  $\geq 12$  years: Dosing based on pre-treatment IgE and body weight

<b>Pre-treatment</b>	Dosing	Body Weight				
serum IgE	Frequency	30-60 kg	>60-70 kg	>70-90 kg	>90-15 kg	
IU/mL						
≥ 30-100	Every 4 weeks	150 mg	150 mg	150 mg	300 mg	
> 100-200		300 mg	300 mg	300 mg	225 mg	
> 200-300		300 mg	225 mg	225 mg	300 mg	
> 300-400	Every 2 weeks	225 mg	225 mg	300 mg		
> 400-500		300 mg	300 mg	375 mg		
> 500-600		300 mg	375 mg	DO NOT DOSE PER		
> 600-700		375 mg		MANUFA	CTURER	

<sup>†</sup>The manufacturer recommends dose adjustments for significant body weight changes during treatment.

Appendix C: Age 6 to < 12 years: Dosing based on pre-treatment IgE and body weight†

# CLINICAL POLICY Omalizumab



Pre-	Dosing					Body Weight					
treatment serum IgE IU/mL	Frequency	20-25 kg	>25- 30 kg	>30- 40 kg	>40- 50 kg	>40- 50 kg	>40- 50 kg	>40- 50 kg	>40- 50 kg	>40- 50 kg	>40- 50 kg
≥ 30-100	Every 4	75	75	75	150	150	150	150	150	300	300
>100-200	weeks	150	150	150	300	300	300	300	300	225	300
>200-300		150	150	225	300	300	225	225	225	300	375
>300-400		225	225	300	225	225	225	300	300		
>400-500		225	300	225	225	300	300	375	375		
>500-600		300	300	225	300	300	375				
>600-700		300	225	225	300	375					
>700-800	Every 2	225	225	300	375						
>800-900	weeks	225	300	375		DO NOT DOSE PER MANUFACTURER				R	
>900-1000		225	300	375							
>1100-1200		300	300								
>1200-1300		300	375								

<sup>†</sup>The manufacturer recommends dose adjustments for significant body weight changes during treatment.

# **Coding Implications**

Codes referenced in this clinical policy are for informational purposes only. Inclusion or exclusion of any codes does not guarantee coverage. Providers should reference the most up-to-date sources of professional coding guidance prior to the submission of claims for reimbursement of covered services.

HCPCS	Description
Codes	
J2357	Injection, omalizumab, 5 mg

Reviews, Revisions, and Approvals	Date	Approval Date

#### References

- 1. Xolair Prescribing Information. Irvine, CA: Spectrum Pharmaceuticals, Inc.; June 2017. Available at https://www.gene.com/download/pdf/xolair\_prescribing.pdf. Accessed July 5, 2017.
- 2. National Asthma Education and Prevention Program. Expert Panel Report e (EPR-3): guidelines for the diagnosis and management of asthma-summary report 2007. J *Allergy Clin Immunol*. November 2007; 120(5 Suppl): S94-138. (NIH publication no. 08-4051). Available at http://www.nhlbi.nih.gov/health-pro/guidelines/current/asthma-guidelines.
- 3. Wenzel S. Evaluation of severe asthma in adolescents and adults. In: UpToDate, Waltham, MA: Wolters Kluwer Health; 2017. Available at uptodate.com. Accessed July 6, 2017.
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# CLINICAL POLICY Omalizumab



- 5. Bernstein JA, Lang DM, Khan DA, et al. The diagnosis and management of acute and chronic urticaria: 2014 update. *J Allergy Clin Immunol*. 2014; 133(5); 1270-1277.
- 6. Khan DA. Chronic urticarial: Standard management and patient education. In: UpToDate, Waltham, MA: Wolters Kluwer Health; 2017. Available at uptodate.com. Accessed July 6, 2017.