

# Clinical Policy: Reslizumab (Cinqair)

Reference Number: PA.CP.PHAR.223

Effective Date: 01/18

Last Review Date: 04/17

[Coding Implications](#)  
[Revision Log](#)

## Description

The intent of the criteria is to ensure that patients follow selection elements established by Pennsylvania Health and Wellness® clinical policy for use of reslizumab (Cinqair®).

## Policy/Criteria

It is the policy of Pennsylvania Health and Wellness® that Cinqair is **medically necessary** when the following criteria are met:

### I. Initial Approval Criteria:

#### A. Severe Asthma (must meet all):

1. Prescribed by or in consultation with an allergist or pulmonologist;
2. Age  $\geq$  18 years;
3. Diagnosis of asthma with absolute blood eosinophil count  $\geq$  400 cells/mcL;
4. If current smoking history, referred for smoking cessation;
5. Member has experienced at least two exacerbations requiring oral/systemic corticosteroid treatment, urgent care visit or hospital admission, within the last 12 months, despite adherent use of controller therapy (i.e., high dose inhaled corticosteroid [ICS] plus either a long acting beta-2 agonist [LABA] or leukotriene modifier [LTRA] if LABA contraindication/intolerance);
6. Cinqair is prescribed concomitantly with an ICS plus either an LABA or LTRA;
7. Prescribed dose does not exceed 3mg/kg once every 4 weeks.

**Approval duration: 6 months**

**B. Other diagnoses/indications:** Refer to PA.CP.PHAR.57 - Global Biopharm Policy

### II. Continued Approval

#### A. Severe Asthma (must meet all):

1. Currently receiving medication via Pennsylvania Health and Wellness benefit or member has previously met all initial approval criteria; or the Continuity of Care policy (PA.LTSS.PHAR.01) applies;
2. Demonstrated adherence to asthma controller therapy that includes an ICS plus either an LABA or LTRA;
3. Member is responding positively to therapy (e.g.: reduction in exacerbations or corticosteroid dose, improvement in forced expiratory volume<sub>1</sub> over one second) since baseline; reduction in the use of rescue therapy);
4. Prescribed dose does not exceed 3mg/kg once every 4 weeks.

**Approval duration: 12 months**

**B. Other diagnoses/indications (must meet 1 or 2):**

1. Currently receiving medication via Pennsylvania Health and Wellness benefit and documentation supports positive response to therapy; or the Continuity of Care policy (PA.LTSS.PHAR.01) applies; or
2. Refer to PA.CP.PHAR.57 - Global Biopharm Policy.

## Background

### *Description/Mechanism of Action:*

Reslizumab is a humanized interleukin-5 (IL-5) antagonist monoclonal antibody (IgG4k) produced by recombinant DNA technology in murine myeloma non-secreting 0 (NS0) cells. IL-5 is the major cytokine responsible for the growth and differentiation, recruitment, activation, and survival of eosinophils. Reslizumab binds to and inhibits the bioactivity of IL-5 by blocking its binding to the alpha chain of the IL-5 receptor complex expressed on the eosinophil surface. Inflammation is an important component in the pathogenesis of asthma. Multiple cell types (e.g., mast cells, eosinophils, neutrophils, macrophages, lymphocytes) and mediators (e.g., histamine, eicosanoids, leukotrienes, and cytokines) are involved in inflammation. Reslizumab, by inhibiting IL-5 signaling, reduces the production and survival of eosinophils; however, the mechanism of reslizumab action in asthma has not been definitively established.

### *Formulations:*

Cinqair (reslizumab) injection is supplied in a 100 mg/10 mL (10 mg/mL) single-use vial.

### *FDA Approved Indications:*

Reslizumab is an interleukin-5 antagonist/intravenous formulation indicated for:

- Add-on maintenance treatment of patients with severe asthma aged 18 years and older with an eosinophilic phenotype:

### Limitations of use:

- Cinqair is not indicated for treatment of other eosinophilic conditions.
- Cinqair is not indicated for the relief of acute bronchospasm or status asthmaticus.

## Appendices

### **Appendix A: Abbreviation Key**

ICS: inhaled corticosteroid

IL: interleukin

LABA: long acting beta-2 agonist

LTRA: leukotriene modifier

## Coding Implications

Codes referenced in this clinical policy are for informational purposes only. Inclusion or exclusion of any codes does not guarantee coverage. Providers should reference the most up-to-date sources of professional coding guidance prior to the submission of claims for reimbursement of covered services.

HCPCS Codes	Description
J2786	Injection, reslizumab, 1 mg

Reviews, Revisions, and Approvals	Date	Approval Date

## References

1. Cinqair prescribing information. Frazer, PA: Teva Pharmaceutical Industries Ltd.; May 2016. Available at <http://www.cinqair.com/pdf/PrescribingInformation.pdf>. Accessed March 22, 2017.
2. National Asthma Education and Prevention Program: Expert panel report III: Guidelines for the diagnosis and management of asthma. Bethesda, MD: National Heart, Lung, and Blood Institute, 2007. (NIH publication no. 08-4051). Available at <http://www.nhlbi.nih.gov/health-pro/guidelines/current/asthma-guidelines>. Accessed March 22, 2017.
3. Wenzel S. Treatment of severe asthma in adolescents and adults. In: UpToDate, Waltham, MA: Wolters Kluwer Health; 2017. Available at [uptodate.com](http://www.uptodate.com). Accessed March 22, 2017.
4. Corren J, Weinstein S, Janka L, Zangrilli J, Garin M. Phase 3 study of reslizumab in patients with poorly controlled asthma: effects across a broad range of eosinophil counts. *Chest*. 2016; 150(4): 799-810.
5. Maselli DJ, Velez MI, Rogers L. Reslizumab in the management of poorly controlled asthma: The data so far. *Journal of Asthma and Allergy*. August 31, 2016; 9: 155-162.