

# Clinical Policy: Abemaciclib (Verzenio)

Reference Number: PA.CP.PHAR.355

Effective Date: 10.24.17

Last Review Date: 07.18

[Revision Log](#)

## Description

Abemaciclib (Verzenio®) is an inhibitor of cyclin-dependent kinases 4 and 6 (CDK4 and CDK6).

## FDA Approved Indication(s)

Verzenio is indicated:

- In combination with fulvestrant for the treatment of women with hormone receptor (HR)-positive, human epidermal growth factor receptor 2 (HER2)-negative advanced or metastatic breast cancer with disease progression following endocrine therapy.
- As monotherapy for the treatment of adult patients with HR-positive, HER2-negative advanced or metastatic breast cancer with disease progression following endocrine therapy and prior chemotherapy in the metastatic setting.
- In combination with an aromatase inhibitor as initial endocrine-based therapy for the treatment of postmenopausal women with hormone receptor (HR)-positive, human epidermal growth factor receptor 2 (HER2)-negative advanced or metastatic breast cancer.

## Policy/Criteria

*Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.*

It is the policy of health plans affiliated with PA Health & Wellness that Verzenio is **medically necessary** when the following criteria are met:

### I. Initial Approval Criteria

#### A. Breast Cancer (must meet all):

1. Diagnosis of breast cancer;
2. Prescribed by or in consultation with an oncologist;
3. Disease meets all of the following characteristics (a, b, and c):
  - a. HR-positive (i.e., estrogen receptor (ER) and/or progesterone receptor (PR) positive);
  - b. HER2-negative;
  - c. Disease is advanced (locally recurrent) or metastatic;
4. Age  $\geq$  18 years;
5. Verzenio is prescribed in one of the following ways (a, b, or c):
  - a. In combination with fulvestrant after disease progression on an endocrine therapy;
  - b. As a single agent after disease progression on an endocrine therapy and chemotherapy (e.g., docetaxel, gemcitabine, etc.);
  - c. In combination with an aromatase inhibitor as initial endocrine therapy;
6. Dose does not exceed one of the following (a or b):
  - a. For combination therapy: 300 mg/day (two 150 mg tablets/day)

- b. For monotherapy: 400 mg/day (two 200 mg tablets/day).
- Approval duration:** 6 months

**B. Other diagnoses/indications**

- 1. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): PA.CP.PMN.53 for Medicaid.

**II. Continued Therapy**

**A. Breast Cancer** (must meet all):

- 1. Currently receiving medication via PA Health & Wellness benefit or member has met all initial approval criteria or the Continuity of Care Policy (PA.LTSS.PHAR.01) applies;
- 2. Member is responding positively to therapy;
- 3. Dose is  $\geq 100$  mg/day;
- 4. If request is for a dose increase, new dose does not exceed one of the following (a or b):
  - a. For combination therapy: 300 mg/day (two 150 mg tablets/day);
  - b. For monotherapy: 400 mg/day (two 200 mg tablets/day).

**Approval duration:** 12 months

**B. Other diagnoses/indications** (must meet 1 or 2):

- 1. Currently receiving medication via PA Health & Wellness benefit or member has met all initial approval criteria or the Continuity of Care Policy (PA.LTSS.PHAR.01) applies;  
**Approval duration: Duration of request or 6 months (whichever is less);** or
- 2. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): PA.CP.PMN.53 for Medicaid.

**III. Diagnoses/Indications for which coverage is NOT authorized:**

- A.** Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policy – PA.CP.PMN.53 for Medicaid or evidence of coverage documents.

**IV. Appendices/General Information**

*Appendix A: Abbreviation/Acronym Key*

CDK: cyclin-dependent kinase

FDA: Food and Drug Administration

HER2: human epidermal growth factor  
receptor 2

HR: hormone receptor

ER: estrogen receptor

PR: progesterone receptor

*Appendix B: Therapeutic Alternatives*

*This table provides a listing of preferred alternative therapy recommended in the approval criteria. The drugs listed here may not be a formulary agent for all relevant lines of business and may require prior authorization.*

Drug Name	Dosing Regimen	Dose Limit/ Maximum Dose
<b>Endocrine Therapy</b>		
anastrozole (Arimidex <sup>®</sup> )	1 mg PO QD	1 mg/day
exemestane (Aromasin <sup>®</sup> )	25 mg PO QD	25 mg/day
Fareston <sup>®</sup> (toremifene)	60 mg PO QD	60 mg/day
Faslodex <sup>®</sup> (fulvestrant)	500 mg IM into the buttocks slowly (1 - 2 minutes per injection) as two 5 mL injections, one in each buttock, on days 1, 15, 29 and once monthly thereafter	500 mg/day
letrozole (Femara <sup>®</sup> )	2.5 mg PO QD	2.5 mg/day
tamoxifen (Nolvadex <sup>®</sup> , Soltamox <sup>®</sup> )	20 to 40 mg PO QD	40 mg/day
<b>Chemotherapy</b>		
capecitabine (Xeloda <sup>®</sup> )	Various	Varies
carboplatin (Paraplatin <sup>®</sup> )	Various	Varies
cisplatin (Platinol-AQ <sup>®</sup> )	Various	Varies
cyclophosphamide (Cytoxan <sup>®</sup> )	Various	Varies
docetaxel (Taxotere <sup>®</sup> )	Various	Varies
doxorubicin (Lipodox <sup>®</sup> , Doxil <sup>®</sup> , Adriamycin <sup>®</sup> )	Various	Varies
epirubicin (Ellence <sup>®</sup> )	Various	Varies
gemcitabine (Gemzar <sup>®</sup> )	Various	Varies
Halaven <sup>®</sup> (eribulin)	Various	Varies
Ixempra <sup>®</sup> (ixabepilone)	Various	Varies
paclitaxel (Abraxane <sup>®</sup> , Taxol <sup>®</sup> )	Various	Varies
vinorelbine (Navelbine <sup>®</sup> )	Various	Varies

*Drug names are listed as Brand name<sup>®</sup> (generic) when the drug is available by brand name only and generic (Brand name<sup>®</sup>) when the drug is available by both brand and generic.*

#### *Appendix C: General Information*

- Discontinue Verzenio for patients unable to tolerate 50 mg twice daily.
- Pre/perimenopausal women treated with the combination of Verzenio plus fulvestrant should be treated with a gonadotropin-releasing hormone agonist (e.g., goserelin) according to current clinical practice standards.
- For disease progression while on a CDK4 and CDK6 inhibitor, there is no data to support retreatment with another CDK4 and CDK6 inhibitor-containing regimen.

## V. Dosage and Administration

Indication	Dosing Regimen	Maximum Dose
In combination with fulvestrant for the treatment of women with hormone receptor (HR)-positive, human epidermal growth factor receptor 2 (HER2)-negative advanced or metastatic breast cancer with disease progression following endocrine therapy.	150 mg PO BID in combination with fulvestrant	300 mg/day
As monotherapy for the treatment of adult patients with HR-positive, HER2-negative advanced or metastatic breast cancer with disease progression following endocrine therapy and prior chemotherapy in the metastatic setting.	200 mg PO BID	400 mg/day
Treatment of postmenopausal women with hormone receptor (HR)-positive, human epidermal growth factor receptor 2 (HER2)-negative advanced or metastatic breast cancer in combination with an aromatase inhibitor as initial endocrine based therapy.	150 mg PO BID in combination with an aromatase inhibitor	300 mg/day

## VI. Product Availability

Tablet: 50 mg, 100 mg, 150 mg, and 200 mg

## VII. References

1. Verzenio Prescribing Information. Indianapolis, IN: Eli Lilly and Company; February 2018. Available at: <http://pi.lilly.com/us/verzenio-uspi.pdf>. Accessed March 20, 2018.
2. Micromedex® Healthcare Series [Internet database]. Greenwood Village, Colo: Thomson Healthcare. Updated periodically. Accessed March 05, 2018.
3. Goetz MP, Toi M, Campone M, et al. MONARCH 3: abemaciclib as initial therapy for advanced breast cancer. J Clin Oncol 2017; 35:3638-3646.
4. National Comprehensive Cancer Network. Breast Cancer Version 4.2017. Available at: [https://www.nccn.org/professionals/physician\\_gls/pdf/breast.pdf](https://www.nccn.org/professionals/physician_gls/pdf/breast.pdf). Accessed February 27, 2018.

Reviews, Revisions, and Approvals	Date	P&T Approval Date