

Prior Authorization Review Panel

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CHC-MCO Policy Submission

A separate copy of this form must accompany each policy submitted for review. Policies submitted without this form will not be considered for review.

Plan: PA Health & Wellness	Submission Date: 02/01/2020		
Policy Number: PA.CP.PHAR.440	Effective Date: 01/15//2020 Revision Date: 01/15/2020		
Policy Name: Elexacaftor/Ivacaftor/Tezacaftor; Ivacaftor (Trikafta)			
Type of Submission – <u>Check all that apply</u> :			
 ✓ New Policy □ Revised Policy* □ Annual Review - No Revisions □ Statewide PDL - Select this box when submitting policies for when submitting policies for drug classes included on the S 			
*All revisions to the policy <u>must</u> be highlighted using track changes throughout the document.			
Please provide any changes or clarifying information for the policy below:			
New Policy Created			
Name of Authorized Individual (Please type or print):	Signature of Authorized Individual:		
Francis G. Grillo, MD	Francis Shym Still M.D		

CLINICAL POLICY

Elexacaftor/Ivacaftor/Tezacaftor; Ivacaftor



Clinical Policy: Elexacaftor/Ivacaftor/Tezacaftor; Ivacaftor (Trikafta)

Reference Number: PA.CP.PHAR.440

Effective Date: 01/2020 Last Review Date: 01/2020

Revision Log

Description

Elexacaftor/ivacaftor/tezacaftor (TrikaftaTM) is a triple combination drug for cystic fibrosis (CF).

- Elexacaftor and tezacaftor bind to different sites on the cystic fibrosis transmembrane conductance regulator (CFTR) protein and have an additive effect in facilitating the cellular processing and trafficking of F508del-CFTR to increase the amount of CFTR protein delivered to the cell surface compared to either molecule alone.
- Ivacaftor potentiates the channel open probability (or gating) of the CFTR protein at the cell surface.
- The combined effect of elexacaftor, tezacaftor, and ivacaftor is increased quantity and function of F508del-CFTR at the cell surface, resulting in increased CFTR activity as measured by CFTR mediated chloride transport.

FDA Approved Indication(s)

Trikafta is indicated for the treatment of cystic fibrosis (CF) in patients aged 12 years and older who have at least one *F508del* mutation in the *CFTR* gene.

If the patient's genotype is unknown, an FDA-cleared CF mutation test should be used to confirm the presence of at least one *F508del* mutation.

Policy/Criteria

Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.

It is the policy of health plans affiliated with PA Health & Wellness® that Trikafta is **medically necessary** when the following criteria are met:

I. Initial Approval Criteria

- **A.** Cystic Fibrosis (must meet all):
 - 1. Diagnosis of CF;
 - 2. Age \geq 12 years;
 - 3. Prescribed by or in consultation with a pulmonologist;
 - 4. Documentation indicates member has baseline forced expiratory volume in 1 second (FEV1), unless member is unable to perform spirometry testing;
 - 5. Member has at least one *F508del* mutation in the CFTR gene;
 - 6. Trikafta is not prescribed concurrently with other CFTR modulators (e.g., Orkambi[®], Kalydeco[®], Symdeko[®]);
 - 7. Dose does not exceed elexacaftor 200 mg/tezacaftor 100 mg/ivacaftor 300 mg (2 tablets elexacaftor 100 mg/tezacaftor 50 mg/ivacaftor 75 mg and 1 tablet ivacaftor 150 mg) per day.

CLINICAL POLICY

Elexacaftor/Ivacaftor/Tezacaftor; Ivacaftor



Approval duration: 6 months

B. Other diagnoses/indications

1. Refer to the off-label use policy if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): PA.CP.PMN.53

II. Continued Therapy

A. Cystic Fibrosis (must meet all):

- 1. Currently receiving medication via PA Health & Wellness benefit and documentation supports positive response to therapy or the Continuity of Care policy (PA.LTSS.PHAR.01) applies;
- 2. Member is benefiting from Trikafta based on the prescriber's assessment;
- 3. Trikafta is not prescribed concurrently with other CFTR modulators (e.g., Orkambi, Kalydeco, Symdeko);
- 4. If request is for a dose increase, new dose does not exceed elexacaftor 200 mg/tezacaftor 100 mg/ivacaftor 300 mg (2 tablets elexacaftor 100 mg/tezacaftor 50 mg/ivacaftor 75 mg and 1 tablet ivacaftor 150 mg) per day.

Approval duration: 12 months

B. Other diagnoses/indications (must meet 1 or 2):

1. Currently receiving medication via PA Health & Wellness benefit and documentation supports positive response to therapy or the Continuity of Care policy (PA.LTSS.PHAR.01) applies.

Approval duration: Duration of request or 6 months (whichever is less); or

2. Refer to the off-label use policy if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): PA.CP.PMN.53

III. Diagnoses/Indications for which coverage is NOT authorized:

A. Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policies – PA.CP.PMN.53

IV. Appendices/General Information

Appendix A: Abbreviation/Acronym Key

CF: cystic fibrosis

CFTR: cystic fibrosis transmembrane conductance regulator

FDA: Food and Drug Administration

ppFEV1: percent predicted forced expiratory volume in 1 second

Appendix B: Therapeutic Alternatives

Not applicable

Appendix C: Contraindications/Boxed Warnings

None reported

V. Dosage and Administration

CLINICAL POLICY

Elexacaftor/Ivacaftor/Tezacaftor; Ivacaftor



Indication	Dosing Regimen	Maximum Dose
CF	Adults and pediatric patients age 12 years and	elexacaftor 200 mg/
	older:	tezacaftor 100 mg/
	• Morning dose: 2 tablets (each containing	ivacaftor 300 mg per day
	elexacaftor 100 mg/tezacaftor 50	
	mg/ivacaftor 75 mg)	
	• Evening dose: 1 tablet of ivacaftor 150 mg	
	 Morning and evening dose should be taken 	
	approximately 12 hours apart with fat-	
	containing food	

VI. Product Availability

Tablets: co-packaged fixed dose combination containing elexacaftor 100 mg/tezacaftor 50 mg/ivacaftor 75 mg and ivacaftor 150 mg

VII. References

- 1. Trikafta Prescribing Information. Boston, MA: Vertex Pharmaceuticals, Inc.; October 2019. Available at: https://www.trikafta.com/. Accessed October 21, 2019.
- 2. Ren CL, Morgan RL, Oermann C, et al. Cystic Fibrosis Foundation pulmonary guidelines: Use of cystic fibrosis transmembrane conductance regulator modulator therapy in patients with cystic fibrosis. Ann Am Thorac Soc. 2018; 15(3): 271-280.

Reviews, Revisions, and Approvals	Date	P&T Approval Date
Policy created	01/2020	