



## Clinical Policy: Progestational Agents

Reference Number: PHW.PDL.151

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[Revision Log](#)

### Policy/Criteria

*Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.*

It is the policy of health plans affiliated with PA Health and Wellness® that Progestational Agents are **medically necessary** when the following criteria are met:

### I. Requirements for Prior Authorization of Progestational Agents

#### A. Prescriptions That Require Prior Authorization

A prescription for a Progestational Agent that meets any of the following conditions must be prior authorized:

1. A prescription for a non-preferred Progestational Agent.
2. A prescription for a Progestational Agent with a prescribed quantity that exceeds the quantity limit.
3. A prescription for Makena

#### B. Review of Documentation for Prior Authorization

In evaluating a request for prior authorization of a prescription for a Progestational Agent, the determination of whether the requested prescription is medically necessary will take into account whether the recipient:

1. For a non-preferred Progestational Agent - Has a documented history of therapeutic failure, intolerance, or contraindication of the preferred Progestational Agents
2. For Makena:
  - a. Is a pregnant female with a single fetus

**AND**

- b. Is between 16 weeks 0 days and 36 weeks 6 days gestation

**AND**

- c. Has a documented history of a prior spontaneous preterm singleton birth (defined as prior to 37 weeks gestation)

**AND**

- d. Is being, or was, initiated into treatment between 16 weeks 0 days and 26 weeks

**AND**

- e. Does not have a contraindication to use of Makena as per the “Prescribing Information/Contraindications”

**AND**

- f. Does not have a:
  - i. History of, or plans for, a cervical cerclage, **OR**
  - ii. Known fetal anomaly, **OR**
  - iii. History of seizure disorder

**C. Review Process**

Prior authorization personnel will review the request for prior authorization and apply the clinical guidelines in Section B, above, to assess that the patient meets the clinical requirements for prior authorization of a Progestational Agent. If the guidelines in Section B are met, the reviewer will prior authorize the prescription. If the guidelines are not met, the prior authorization request will be referred to a physician reviewer for a medical necessity determination. Such a request for prior authorization will be approved when, in the professional judgment of the physician reviewer, the services are medically necessary to meet the medical needs of the recipient.

**D. Dose and Duration of Therapy**

- o **Makena (hydroxyprogesterone caproate) - up to a total of 21 doses to reach week 37 (through 36 weeks, 6 days) of gestation or delivery, whichever occurs first**
- o **All other agents – duration of request or 12 months (whichever is less)**

**E. References**

1. FDA Statement on Makena, November 8, 2011.  
<http://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm279098.htm>
2. ACOG Committee Opinion Number 419, October 2008, Reaffirmed 2011.  
<http://www.acog.org/~/media/Committee%20Opinions/Committee%20on%20Obstetric%20Practice/co419.ashx?dmc=1&ts=20120118T0911074525>

3. Information Update on 17a-Hydroxyprogesterone Caproate (17P) from The American College of Obstetricians and Gynecologists and the Society for Maternal-Fetal Medicine.  
<http://www.acog.org/~media/Announcements/20111013MakenaLtr.ashx?dmc=1&ts=20120118T0911074515>
4. Makena® (package insert), Ther-Rx Corporation 2011.  
<http://www.makena.com//media/PDFs/full-pi.pdf>

Reviews, Revisions, and Approvals	Date
Policy created	01/01/2020