

Prior Authorization Review Panel

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CHC-MCO Policy Submission

A separate copy of this form must accompany each policy submitted for review. Policies submitted without this form will not be considered for review.

Plan: PA Health & Wellness	Submission Date: 05/01/2022			
Policy Number: PA.CP.PHAR.16	Effective Date: 01/2018 Revision Date: 04/2022			
Policy Name: Palivizumab (Synagis)				
Type of Submission – <u>Check all that apply</u> :				
□ New Policy✓ Revised Policy*				
☐ Annual Review - No Revisions ☐ Statewide PDL - Select this box when submitting policies for Statewide PDL implementation and when submitting policies for drug classes included on the Statewide PDL.				
*All revisions to the policy <u>must</u> be highlighted using track changes throughout the document.				
Please provide any changes or clarifying information for the policy below:				
2Q 2022 annual review: Appendix D updated to include American Academy of Pediatrics (AAP) updated guidance for the 2021-2022 RSV season; references reviewed and updated.				
Name of Authorized Individual (Please type or print):	Signature of Authorized Individual:			
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Clinical Policy: Palivizumab (Synagis)

Reference Number: PA.CP.PHAR.16

Effective Date: 01/18

Last Review Date: 04/2022 Revision Log

Description

Palivizumab (Synagis®) is a recombinant humanized mouse immunoglobulin monoclonal antibody which provides passive immunity against respiratory syncytial virus (RSV).

FDA Approved Indication(s)

Synagis is indicated for the prevention of serious lower respiratory tract disease caused by RSV in pediatric patients:

- With a history of premature birth (less than or equal to 35 weeks gestational age) and who are 6 months of age or younger at the beginning of RSV season;
- With bronchopulmonary dysplasia (BPD) that required medical treatment within the previous 6 months and who are 24 months of age or younger at the beginning of RSV season;
- With hemodynamically significant congenital heart disease and who are 24 months of age or younger at the beginning of RSV season.

Limitation(s) of use: The safety and efficacy of Synagis have not been established for treatment of RSV disease.

Policy/Criteria

It is the policy of health plans affiliated with PA Health & Wellness that Synagis is **medically necessary** when the following criteria are met:

I. Initial Approval Criteria

- A. Preterm Infant (must meet all):
 - 1. Diagnosis of preterm infant with gestational age < 29 weeks;
 - 2. Age at onset of RSV season < 12 months;
 - 3. Request is for RSV prophylaxis;
 - 4. Medical justification supports requests for RSV beyond September through May (*see Appendix D*);
 - 5. Member has not been hospitalized with RSV disease during the current RSV season;
 - 6. Dose does not exceed 15 mg/kg once a month by intramuscular (IM) administration (see Appendix E for dose rounding guidelines).

Approval duration: up to 5 doses per RSV season * Overlap of two seasons due to elevated interseasonal RSV activity does not preclude a member from receiving more than 5 consecutive doses, so long as doses are limited to 5 per season

B. Chronic Lung Disease of Prematurity (must meet all):

- 1. Diagnosis of chronic lung disease (CLD) of prematurity (i.e., bronchopulmonary dysplasia) defined as gestational age < 32 weeks and a requirement for > 21% oxygen for ≥ 28 days after birth;
- 2. Age at onset of RSV season (a or b):
 - a. Age < 12 months;



- b. Age ≥ 12 months to < 24 months and continues to require supplemental oxygen, chronic systemic corticosteroid therapy, or diuretic therapy within 6 months of the start of the RSV season;
- 3. Request is for RSV prophylaxis;
- 4. Medical justification supports requests for RSV beyond September through May (*see Appendix D*);
- 5. Member has not been hospitalized with RSV disease during the current RSV season;
- 6. Dose does not exceed 15 mg/kg once a month by IM administration (see Appendix E for dose rounding guidelines).

Approval duration: up to 5 doses per RSV season* Overlap of two seasons due to elevated interseasonal RSV activity does not preclude a member from receiving more than 5 consecutive doses, so long as doses are limited to 5 per season

C. Congenital Heart Disease (must meet all):

- 1. Age and diagnosis at onset of RSV season (a or b):
 - a. Age < 12 months and either (i or ii);
 - i. Diagnosis of acyanotic heart disease and either (a or b):
 - a) Receiving medication to control congestive heart failure AND will require a cardiac surgical procedure;
 - b) Diagnosis of moderate to severe pulmonary hypertension;
 - ii. Diagnosis of a cyanotic heart defect and RSV prophylaxis is recommended by a pediatric cardiologist;
 - b. Age < 24 months and undergoing cardiac transplantation or cardio-pulmonary bypass during the current RSV season;
- 2. Request is for RSV prophylaxis;
- 3. Medical justification supports requests for RSV beyond September through May (see Appendix D);
- 4. Member has not been hospitalized with RSV disease during the current RSV season;
- 5. Dose does not exceed 15 mg/kg once a month by IM administration (see Appendix E for dose rounding guidelines).

Approval duration: up to 5 doses per RSV season (6 doses if cardio-pulmonary bypass)* Overlap of two seasons due to elevated interseasonal RSV activity does not preclude a member from receiving more than 5 consecutive doses, so long as doses are limited to 5 per season

D. Anatomic Pulmonary Abnormalities, Neuromuscular Disorders, Infants Profoundly Immunocompromised (must meet all):

- 1. Age and diagnosis at onset of RSV season (a or b):
 - a. Age < 12 months and diagnosis of an anatomic pulmonary abnormality or neuromuscular disorder that impairs the ability to clear secretions from the upper airway (e.g., due to ineffective cough);
 - b. Age < 24 months and will be profoundly immunocompromised during the RSV season (e.g., due to solid organ or hematopoietic stem cell transplantation, chemotherapy, severe combined immunodeficiency, chronic granulomatous disease);
- 2. Request is for RSV prophylaxis;



- 3. Medical justification supports requests for RSV beyond September through May (see Appendix D);
- 4. Member has not been hospitalized with RSV disease during the current RSV season;
- 5. Dose does not exceed 15 mg/kg once a month by IM administration (see Appendix E for dose rounding guidelines).

Approval duration: up to 5 doses per RSV season * Overlap of two seasons due to elevated interseasonal RSV activity does not preclude a member from receiving more than 5 consecutive doses, so long as doses are limited to 5 per season

E. Cystic Fibrosis (off-label) (must meet all):

- 1. Diagnosis of cystic fibrosis and one of the following (a or b);
 - a. Clinical evidence of nutritional compromise;
 - b. Diagnosis of CLD of prematurity defined as gestational age < 32 weeks and requirement for > 21% oxygen for ≥ 28 days after birth;
- 2. Age at onset of RSV season (a or b):
 - a. Age < 12 months;
 - b. Age < 24 months and (i or ii):
 - i. Manifestations of severe lung disease (e.g., previous hospitalization for pulmonary exacerbation in the first year of life or abnormalities on chest radiography or chest computed tomography that persist when stable);
 - ii. Weight for length < 10th percentile;
- 3. Request is for RSV prophylaxis;
- 4. Medical justification supports requests for RSV beyond September through May (*see Appendix D*);
- 5. Member has not been hospitalized with RSV disease during the current RSV season;
- 6. Dose does not exceed 15 mg/kg once a month by IM administration (see Appendix E for dose rounding guidelines).

Approval duration: up to 5 doses per RSV season* Overlap of two seasons due to elevated interseasonal RSV activity does not preclude a member from receiving more than 5 consecutive doses, so long as doses are limited to 5 per season

F. Alaska Native and Other American Indian Infants (off-label) (must meet all):

- 1. Medical director consultation is required for requests relating to Alaska native and other American Indian infants that fall outside the criteria outlined above;
- 2. Alaska native infants: Eligibility for prophylaxis may differ from the remainder of the U.S. on the basis of epidemiology of RSV in Alaska, particularly in remote regions where the burden of RSV disease is significantly greater than in the general U.S. population,
- 3. Other American Indian infants: Limited information is available concerning the burden of RSV disease among American Indian populations. However, special consideration may be prudent for Navajo and White Mountain Apache infants in the first year of life.
- 4. Request is for RSV prophylaxis;
- 5. Medical justification supports requests for RSV beyond September through May (see Appendix D);
- 6. Member has not been hospitalized with RSV disease during the current RSV season;



7. Dose does not exceed 15 mg/kg once a month by IM administration (see Appendix E for dose rounding guidelines).

Approval duration: up to 5 doses per RSV season* Overlap of two seasons due to elevated interseasonal RSV activity does not preclude a member from receiving more than 5 consecutive doses, so long as doses are limited to 5 per season

G. Other diagnoses/indications: Refer to PA.CP.PMN.53.

II. Continued Approval

A. All Indications in Section I (must meet all):

- 1. Currently receiving medication via Pennsylvania Health and Wellness benefit or member has previously met all initial approval criteria or the Continuity of Care policy (PA.LTSS.PHAR.01) applies;
- 2. Request is for RSV prophylaxis;
- 3. Member will not reach 24 months of age at the start of RSV season;
- 4. Medical justification supports requests for RSV beyond September through May (*see Appendix D*);
- 5. Member has not received 5 doses of Synagis in the current RSV season (6 doses if cardio-pulmonary bypass);
- 6. Member has not been hospitalized with RSV disease during the current RSV season;
- 7. If request is for a dose increase, new dose does not exceed 15 mg/kg once a month by IM administration (*see Appendix E for dose rounding guidelines*).

Approval duration: up to 5 doses per RSV season (6 doses if cardio-pulmonary bypass) * Overlap of two seasons due to elevated interseasonal RSV activity does not preclude a member from receiving more than 5 consecutive doses, so long as doses are limited to 5 per season

B. Other diagnoses/indications (1 or 2):

- 1. Currently receiving medication via PA Health & Wellness benefit and documentation supports positive response to therapy or the Continuity of Care policy (PA.LTSS.PHAR.01) applies; or
- 2. Refer to PA.CP.PMN.53.

III. Appendices/General Information

Appendix A: Abbreviation/Acronym Key
BPD: bronchopulmonary dysplasia
CLD: chronic lung disease of prematurity
HHS: Health and Human Services
RSV: respiratory syncytial virus

FDA: Food and Drug Administration

Appendix B: Therapeutic Alternatives Not applicable

Appendix C: Contraindications/Boxed Warnings

- Contraindication(s): previous significant hypersensitivity reaction to Synagis
- *Boxed warning(s): none reported*

Appendix D: RSV Seasonal Durations across the United States - Initiation and Termination of RSV Prophylaxis



- Historical 2014-2017 CDC data from the 10 U.S. Department of Health and Human Services (HHS) regions, with the exception of Florida, shows RSV seasons commencing as early as September in some regions and ending as late as May in others.²⁻³
- Because 5 monthly Synagis doses at 15 mg/kg/dose will provide more than 6 months of serum palivizumab concentrations above the threshold for protection for most infants, administration of more than 5 monthly doses is not recommended within the continental U.S. Children who qualify for Synagis prophylaxis should receive the first dose at the onset of the RSV season. For qualifying infants born during the RSV season, fewer than 5 Synagis doses will be needed to provide protection until the RSV season ends in their region. A small number of sporadic RSV hospitalizations will occur before or after the main season in many areas of the U.S., but the greatest benefit from prophylaxis is derived during peak season and not when the incidence of RSV hospitalization is low.⁴⁻⁷
- Data from the Florida Department of Health (http://www.floridahealth.gov/diseases-and-conditions/respiratory-syncytial-virus/) may be used to determine the appropriate timing of Synagis prophylaxis across Florida's regions where RSV seasons may begin at different times throughout the year. However, despite Florida's variable region-specific RSV seasons, a maximum of 5 monthly Synagis doses should be adequate. 4-7
- The Centers for Disease Control and Prevention (CDC) is issuing this health advisory to notify clinicians and caregivers about increased interseasonal respiratory syncytial virus (RSV) activity across parts of the Southern United States. Compared with previous years, RSV activity remained relatively low from May 2020 to March 2021. However, since late March, CDC has observed an increase in RSV detections reported to the National Respiratory and Enteric Virus Surveillance System (NREVSS). CDC noted increases in laboratory detections and in the percentages of positive detections for both antigen and PCR testing in parts of HHS Region 4 (Alabama, Florida, Georgia, Kentucky, Mississippi, North Carolina, South Carolina, and Tennessee) and Region 6 (Arkansas, Louisiana, New Mexico, Oklahoma, and Texas). Due to limited testing outside of the typical RSV season, data are limited in some jurisdictions and may be incomplete for the most recent weeks. Since this elevated interseasonal activity is a deviation in the typical circulation patterns for RSV, at this time it is not possible to anticipate the likely spread, peak, or duration of activity with any certainty.
- Traditionally, the RSV season was defined by consecutive weeks when RSV antigen-based tests exceeded 10% positivity; however, since 2008, laboratories have shifted away from antigen-based RSV testing, and since 2014 the majority of tests and RSV detections among consistently reporting laboratories are determined by polymerase chain reaction (PCR). The method that consistently captured the highest percentage of PCR detections for retrospectively characterizing RSV seasons was determined to be the retrospective slope 10 (RS10) method. This method uses a centered 5-week moving average of RSV detections normalized to a season peak of 1,000 detections. The season onset was defined as the second of 2 consecutive weeks when the slope, or normalized 5-week moving average of RSV detections between subsequent weeks, exceeded 10. The season offset was the last week when the standardized (normalized) detections exceeded the standardized detections at onset. The peak was the week with the most standardized detections. The season duration was the inclusive weeks between onset and offset. The RS10 method captures a high proportion of RSV PCR detections for retrospectively



determining RSV seasonality, but cannot be used to determine seasonal onset and offset in real time, and can only be employed after the season ends. Alternative statistical methods, including the tenfold baseline or 3% threshold methods might be used to determine seasonality in real time or near real time.

- The American Academy of Pediatrics (AAP) updated guidance for the 2021-2022 RSV season states the following:
 - o For the current (2021-2022) fall and winter season, the AAP recommends beginning administration of palivizumab prophylaxis in all regions of the country at the usual time, regardless of whether an area experienced unusual interseasonal RSV activity. Initiating palivizumab prophylaxis to eligible infants similar to a typical winter season is consistent with AAP policy. The 2021-22 winter RSV season is considered a new season, rather than a continuation of the interseason spread in the spring and summer of 2021.
 - These considerations could reasonably lead to providing more than five consecutive doses of palivizumab to eligible children in some regions and less than five doses in other areas in the current fall and winter season. Although there is a paucity of data on the provision of more than 5 consecutive doses, there is no evidence of increased frequency or severity of adverse events with later doses in a 5-dose series nor with doses beyond 5 doses in the few published data.5,6,7,8 Given this information, together with the known efficacy and recent unpredictable epidemiology, the AAP recommends programmatic consideration of providing more than five consecutive doses from the atypical interseason period through the 2021-2022 winter season.

Appendix E: Dose Rounding Guidelines

Weight-based Dose Range	Vial Quantity Recommendation
\leq 52.49 mg	1 vial of 50 mg/0.5 mL
52.5 mg – 104.99 mg	1 vial of 100 mg/1 mL
105 mg – 157.49 mg	1 vial of 50 mg/0.5 mL and 1 vial of 100 mg/1 mL
157.5 mg – 209.99 mg	2 vials of 100 mg/1 mL
210 mg – 262.49 mg	1 vial of 50 mg/0.5 mL and 2 vials of 100 mg/1 mL
262.5 mg – 314.99 mg	3 vials of 100 mg/1 mL

IV. Dosage and Administration

Indication	Dosing Regimen	Maximum Dose
RSV prophylaxis in	15 mg/kg IM	15 mg/kg/month; up to 5 doses per RSV season
pediatric patients	once a month	(1 extra dose if cardio-pulmonary bypass)

V. Product Availability

Single-dose vials: 50 mg/0.5 mL, 100 mg/1 mL

VI. References

1. Synagis Prescribing Information. Gaithersburg, MD: MedImmune, LLC; November 2020. Available at https://www.synagis.com/synagis.pdf. Accessed February 21, 2022.



- Respiratory syncytial virus infection (RSV): Trends and surveillance. Centers for Disease Control and Prevention website. Content source: National Center for Immunization and Respiratory Diseases (NCIRD), Division of Viral Diseases. Available at http://www.cdc.gov/rsv/research/us-surveillance.html. Page last reviewed: December 18, 2020. Accessed February 21, 2022.
- 3. Rose EB, Wheatley A, Langley G, Gerber S, Haynes A. Respiratory Syncytial Virus Seasonality United States, 2014–2017. MMWR Morb Mortal Wkly Rep 2018;67:71–76. DOI: http://dx.doi.org/10.15585/mmwr.mm6702a4.
- 4. Red Book® 2018. Committee on Infectious Diseases; American Academy of Pediatrics; David W. Kimberlin, MD, FAAP; Michael T. Brady, MD, FAAP; Mary Anne Jackson, MD, FAAP; Sarah S. Long, MD, FAAP. Section 3: Respiratory Syncytial Virus. Available at https://redbook.solutions.aap.org/Book.aspx?bookid=2205. Accessed February 21, 2022.
- Kimberlin DW, Barnett ED, Lynfield R, et al. Red Book: 2021-2024 Report of the Committee on Infectious Diseases (32nd Edition). American Academy of Pediatrics; Section 3: Respiratory Syncytial Virus. Available at: https://publications.aap.org/redbook/book/347/Red-Book-2021-2024-Report-of-the-Committee-on. Accessed February 21, 2022.
- 6. Policy Statement: Updated guidance for palivizumab prophylaxis among infants and young children at increased risk of hospitalization for respiratory syncytial virus infection. American Academy of Pediatrics Committee on Infectious Diseases; American Academy of Pediatrics Bronchiolitis Guidelines Committee. *Pediatrics*. August 2014; 134(2): e415-20. doi: 10.1542/peds.2014-1665. Reaffirmed February 2019. Available online at https://pediatrics.aappublications.org/content/134/2/415.full#sec-13.
- 7. Technical Report: Updated guidance for palivizumab prophylaxis among infants and young children at increased risk of hospitalization for respiratory syncytial virus infection. American Academy of Pediatrics Committee on Infectious Diseases; American Academy of Pediatrics Bronchiolitis Guidelines Committee. *Pediatrics*. August 2014; 134(2): e620-38. doi: 10.1542/peds.2014-1666.
- 8. Errata: RSV Policy Statement: Updated guidance for palivizumab prophylaxis among infants and young children at increased risk of hospitalization for respiratory syncytial virus infection. American Academy of Pediatrics. *Pediatrics*. December 2014; 134(6): 1221.
- 9. Robbie, G, Zhao, L, Mondick, J, et al. Population Pharmacokinetics of Palivizumab, a Humanized Anti-Respiratory Syncytial Virus Monoclonal Antibody in Adults and Children. Antimicrobial Agents and Chemotherapy. Sept 2012; 56(9): 4927-4936.
- 10. CDC Health Alert Network: Increased Interseasonal Respiratory Syncytial Virus (RSV) Activity in Parts of the Southern United States. June 10, 2021. Available at: https://emergency.cdc.gov/han/2021/han00443.asp. Accessed July 6, 2021.
- 11. Rose EB, Wheatley A, Langley G, et al. Respiratory Syncytial Virus Seasonality United States, 2014–2017. Morbidity and Mortality Weekly Report (MMWR). January 19, 2018. 67(2): 71-76. Available at: https://www.cdc.gov/mmwr/volumes/67/wr/mm6702a4.htm.
- 12. Updated Guidance: Use of Palivizumab Prophylaxis to Prevent Hospitalization From Severe Respiratory Syncytial Virus Infection During the 2021-2022 RSV Season; American Academy of Pediatrics. Available at: https://www.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/clinical-guidance/interim-guidance-for-use-of-palivizumab-prophylaxis-to-prevent-hospitalization/. Accessed February 21, 2022.





Reviews, Revisions, and Approvals	Date	Approval Date
2Q 2018 annual review: references reviewed and updated.	02.13.18	04.18
2Q 2019 annual review: RSV seasonal patterns are updated in Appendix	04.17.19	
D per the CDC and state health departments to indicate a season onset as		
early as September extending to as late as May.		
2Q 2020 annual review: change made to clarify preterm/gestational age	04/2020	
requirement in Section I.A.: diagnosis of preterm birth is updated to		
indicate diagnosis of preterm infant; defined as gestational age < 29		
weeks is updated to indicate with gestational age < 29 weeks; added		
appendix E: dose rounding guidelines; added reference to appendix E		
within criteria; references reviewed and updated.		
2Q 2021 annual review: Seasonal coverage criteria are added to all	04/2021	
indications; related AAP/CDC guidance is added to Appendix D; per		
prescribing information, added requirement for continued therapy that		
member will not reach 24 months of age at the start of RSV season;		
references reviewed and updated.		
2Q 2022 annual review: Appendix D updated to include American	04/2022	
Academy of Pediatrics (AAP) updated guidance for the 2021-2022 RSV		
season; references reviewed and updated.		