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Initiation and Engagement of Substance Use Disorder Treatment (IET)

Why is the IET Measure Important?

Many people living with a physical health condition also have co-occurring mental and substance use related disorders and may not realize it or are not seeking help. Together with early detection and a whole person, integrated treatment approach we can help our members stop or reduce harmful substance misuse, improve health outcomes and overall quality of life.¹

What is the IET Measure Looking At?

This measure assesses the percentage of members ages 13 and older with a new episode of substance use disorder (SUD) who received the following:

1. *Initiation of SUD Treatment.* The percentage of members who initiate treatment through an inpatient SUD admission, outpatient visit, intensive outpatient encounter or partial hospitalization, telehealth, or medication treatment within 14 days of the diagnosis.
2. *Engagement of SUD Treatment.* The percentage of members who initiated treatment and who were engaged in ongoing SUD treatment within 34 days of the initiation visit.

What is Included?

- Medicaid, Medicare, and Marketplace members age 13+
- New SUD Episodes between November 15 of the year prior through November 14 of the current measurement year
 - Includes episodes diagnosed by primary care providers (PCP) and other non-behavioral health providers

What is Excluded?

- SUD episodes that occurred during the 194 days prior to the new SUD episode date
- Methadone not included on the medication lists for this measure
- Members in hospice or who died during the measurement year

What Can You Do to Help?

- Provide empathic listening and nonjudgmental discussions to engage the patient and caregivers in decision making and a relapse prevention plan.
- Offer virtual, telehealth and phone visits when appropriate.
- Use evidence-based screening and treatment as recommended by SAMHSA.
- Consider Medication Assisted Treatment (MAT) options for patients with alcohol or opioid use disorder and maintain appointment availability.
- Offer mutual help options like case management, peer recovery support, harm reduction, 12-step fellowships (AA, NA, etc.), or other community support groups.
- Reach out proactively within 24 hours if scheduled appointment is not kept to schedule another.
- Provide integrated/coordinated care between the physical and behavioral health providers to address any comorbidity.



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- Reinforce the treatment plan and evaluate any medication regimen considering presence/absence of side effects etc.
- Partner with the health plan to address social determinants, health equity, and quality care.
- Provide timely submission of claims and code substance related diagnosis and visits correctly.

How is IET Adherence/Compliance Met?

- Initiation of SUD treatment is met when the member initiates treatment for SUD through an IP SUD admission, outpatient visit, intensive outpatient encounter, partial hospitalization, telehealth visit or medication treatment event within 14-days of the SUD episode.
- Engagement is met when the member has (any combination of) two SUD visits or medication treatment events on the day after the initiation encounter through 34 days after.
 - Two visits can occur on the same day if by different providers.
 - A visit and a medication event can occur on the same day by the same provider.

*ICD-10 Diagnosis Codes		
Substance Use Disorders: F10.XX – F19.XX (excludes remission codes)		
**CPT, HCPCS, and Rev Codes		
Inpatient Stay: 0100-101, 0110-114, 0116-124, 0126-134, 0136-144, 0146-154, 0156-160, 0164, 0167, 0169-174, 0179, 0190-194, 0199-204, 0206-214, 0219, 1000-1002	Observation: 99217-99220	Medication Assisted Treatment: H0033, J0570-J0575, J2315, Q9991, Q9992, G2077, G2080, G2086-87 Withdrawal Management (Detox): H0008-H0014
Outpatient Unspecified: 90791-90792, 90832-90834, 90836-90840, 90845, 90847, 90849, 90853, 90875-90876, 99221-99223, 99231-99233, 99238-99239, 99251-99255	BH Outpatient: 98960-98962, 99078, 99201-99205, 99211-99215, 99241-99245, 99341-99345, 99347-99350, 99381-99387, 99391-99397, 99401-99404, 99411-99412, 99483, 99492-99494, 99510	Substance Use Disorder Services: 99408-99409, G0396-G0397, G0443, H0001, H0005, H0007, H0015-H0016, H0022, H0047, H0050, H2035-H2036, T1006, T1012
Telephone: 98966-98968, 99441-99443	Online (virtual)Assessment: 98969-98972, 99421-99423, 99444, 99457, G0071, G2010, G2012, G2061- G2063	Partial Hospitalization/Intensive Outpatient: G0410-G0411, H0035, H2001, H2012, S0201, S9480, S9484-S9485

POS Visit Codes:



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Outpatient: 03, 05, 07, 09, 11-20, 22, 33, 49-50, 71-72	Community Mental Health Center: 53	Partial Hospitalization: 52
Telehealth: 02	Non-residential SUD Facility: 57, 58	

Additional Support:

- **Substance Abuse and Mental Health Services Administration (SAMHSA)**
www.samhsa.gov
- **Provider Clinical Support Systems (PCSS)**
www.pcssnow.org

We are committed to the care and wellbeing of our members. We are also committed to working with you as a partner to develop the best possible treatment plans for all patients.

Please view the Provider section of our website <HEALTH PLAN PROVIDER WEBSITE URL> for additional tools and local resources or contact a Provider Relations or Quality Improvement Specialist for assistance.

References:

1. SAMHSA: <https://www.samhsa.gov/co-occurring-disorders>
2. NCQA: <https://www.ncqa.org/hedis/measures/initiation-and-engagement-of-alcohol-and-other-drug-abuse-or-dependence-treatment>

This document is an informational resource designed to assist licensed healthcare practitioners in caring for their patients. Healthcare practitioners should use their professional judgment in using the information provided. HEDIS® measures are not a substitute for the care provided by licensed healthcare practitioners and patients are urged to consult with their healthcare practitioner for appropriate treatment. HEDIS® is a registered trademark of the National Committee for Quality Assurance (NCQA).

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