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August 25, 2023

This update is to provide you with the latest information on the Controlling Blood Pressure HEDIS measure, and some quick reminders to maximize the impact for you and your patients. Allwell from PA Health & Wellness is currently offering automatic blood pressure monitors through our over-the-counter catalog for members that have at least a \$40 quarterly OTC allowance. We encourage you to discuss with your patients the option of obtaining and utilizing a digital BP cuff for their at-home use. Having their own blood pressure monitor will allow them to take readings at home during a phone or virtual visit.

HEDIS CBP Measure Description: The CBP measure evaluates the percentage of members 18–85 years of age who had a diagnosis of hypertension and whose blood pressure was adequately controlled during the measurement year. The systolic and diastolic blood pressure must be below 140/90 mm Hg to be considered controlled.

HEDIS Tip: Patient reported blood pressures taken with a digital device are acceptable and should be documented in the medical record. The provider does not need to see the digital reading.

How members can obtain an Automatic Blood Pressure Monitor through our OTC catalog:

- Select a blood pressure monitor within their quarterly OTC benefit allowance. (Please note: OTC allowances vary for each Wellcare by Allwell plan. Not all members have a minimum \$40 allowance required to receive an automatic BP Monitor.

Code	SKU	Product	Amount	Price
H71	708884	BP Monitor Upper Arm Semi-Auto	1 CT	\$45
H74	800231	Advanced Auto Blood Pressure Monitor	1 CT	\$55
H75	800230	Premium Blood Pressure Monitor Upper Arm	1 CT	\$69
H76	800229	Premium Auto Blood Pressure Monitor Upper Arm	1 CT	\$89

To place their order online, go to <https://www.cvs.com/otchs/allwell>. They can also order by phone at 1-866-528-4679 (TTY: 711), Monday to Friday 9:00 a.m. to 8:00 p.m. E.S.T.

Our full OTC catalog can be found at <https://wellcare.pahealthwellness.com/plan-benefit-materials.html>

Tip: Always retake an initial blood pressure if it is >140/90 mmHg. Take and record in the medical record at least three (3) separate measurements if the BP remains elevated.

Tip: For blood pressures taken and reported by the patient during a telephone visit, e-visit, or virtual check-in, document in the note that the BP was taken with an electronic device along with the date of service and the reading. BP readings obtained by members who have a non-digital device do not count towards HEDIS compliance.

Do This! <i>Detailed information in medical record</i>	Not this! <i>Not enough information recorded</i>
Vitals: Weight 235 lbs. Height 70 in, BMI 33.72 BP 160/119, Temp 97.9, HR 88, Oxygen Sat 98% BP Retake: 137/88 <i>Always document "BP taken by electronic device" when applicable.</i>	Vitals: Weight 265 lbs. Height 72 in, BMI 35.94 BP 164/131, Temp 97.9, HR 90, Oxygen Sat 98% <i>(BP Non-compliant and not retaken)</i>

DESCRIPTION	CODES
Hypertension	ICD-10: I10
Systolic greater than/equal to 140	CPT-CAT-II: 3077F
Systolic less than 140	CPT-CAT-11: 3074F, 3075F
Diastolic greater than/equal to 90	CPT-CAT-11: 3080F
Diastolic 80-90	CPT-CAT-11: 3079F
Diastolic less than 80	CPT-CAT-11: 3078F
Telephone Visits	CPT: 98966, 98967, 98968, 99441, 99442, 99443
Palliative Care	HCPCS: G9054, M1017