

1700 Bent Creek Blvd.
Suite 200
Mechanicsburg, PA 17050

What are Specialized Services:

Specialized Services provides training, encouragement, and other tangible supports, which could enable the Participant to acquire, regain, improve, or maximize your skills and abilities, to live a more productive and satisfying life as close to home as possible.

To be eligible for Specialized Services, you must:

- Be a nursing facility resident
- Have a completed PASRR-II evaluation done by the appropriate State Program Office
- Have a State issued Letter of Determination on file

- **Behavioral Health Specialized Services:**
 - A diagnosis or suspicion of a major mental illness such as schizophrenia, bipolar disorder, major depression, or an anxiety disorder such as OCD.
 - An absence of dementia. If dementia is also present (co-morbid with) MI, it cannot be the primary diagnosis. The individual's MI must be more serious than their dementia.
 - A well-defined duration. To be relevant, intensive psychiatric treatment for MI must have taken place within the last two (2) years.
 - A particular level of disability. The individual's MI must have resulted in functional limitations in major life activities within the past 3 to 6 months. Crucially, the individual need not have received treatment. It is the severity and recency of impairment that matters, not whether the individual was hospitalized or even saw a mental health professional.

- **Intellectual Disability Specialized Services:**
 - Intellectual Disability must have emerged before the age of 18 and must be likely to persist throughout a person's life.

- **Other Related Conditions Specialized Services:**
 - Have other related condition(s) occurring before the age of 22

 - The condition is likely to continue indefinitely, and result in substantial functional limitations in three or more of the following areas of major life activity:
 - capacity for independent living
 - mobility
 - self-direction
 - learning
 - understanding and use of language
 - self-care

MCO PROCESS: Letters of Determination come to the health plan from the PASRR Program Offices. Requests received directly from the Nursing Facility should include the PASRR Program Office Letter of Determination and be sent to phwoperationsfacilities@pahealthwellness.com.



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Once the services are identified, the Service Coordinator will meet with the Participant and educate them about the additional services they may wish to add to their service plan. After approval by the Participant to proceed with the service request, PHW will engage with the appropriate provider(s) to begin services.

Services will be approved for 90-days and renewed by the Service Coordinator upon review of goal progress and Participant interest in continuing the Specialized Service(s).

Approved services should begin within 14-30 days following Participant agreement.

Our PHW assigned NF Service Coordinator will remain engaged with the NF Social Worker and the Participant to monitor the Specialized Services and ensure that the goals identified are being met because of the added program.

Thank you for your cooperation and support in ensuring the best possible care for our Participants.